

AUGUST 2021

SHACKAN INDIAN BAND NEWSLETTER



Mission Statement

The band office is to promote the development of a healthy lifestyle and self-sufficiency for Shackan community members. We will achieve by being helpful, positive, respectful and professional to leadership, co-workers and Shackan members when administering band programs



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Shackan Indian Band

Contact Us



2099 Granite Ave. PO BOX 1360 Office: 250-378-5410
www.shackan.ca

- * **Chief - Arnold Lampreau**
sibchief@shackan.ca
- * **Councilor - Lindsay Tighe**
 - * sibcouncil1@shackan.ca
 - * **Councilor - Yvonne Joe**
 - * sibcouncil2@shackan.ca
- * **Band Administrator - Lee Joy**
 - * lee.joy@shackan.ca
- * **Operations Coordinator & Membership - Crystal Leier**
crystal.leier@shackan.ca
- * **Administrative Assistant - Jody John**
jody.john@shackan.ca
- * **Casual/Relief Reception - Rena Sam**
rena.sam@shackan.ca
- * **Finance Manager- Kathy Gray**
kathy.gray@shackan.ca
- * **Social Development & Education - VACANT**
 - *
- * **Operations & Maintenance - Toby Abbott & Lee Seymour**
maintenance@shackan.ca

Shackan Band News

Update from k^wúpi? Chief Arnie Lampreau, Councilor Lindsay Tighe & Councilor Yvonne Joe

August 2021

Chief and Council Duly Convened Meetings:

- Chief and Council have had informal meetings and duly convened Chief & Council Meetings until the evacuation order on July 22, 2021. We have now been in communication with the Firefighters, EMBC for updates on the forest fires.
- We have also been in contact with community members trying to keep updated with the fire.
- We have been busy after the evacuation on July 22, 2021

Merritt Service Centre's:

- Elks Hall would like to remind evacuees of assistance and is open Monday - Friday from 11am - 3pm.
1701 Coldwater Avenue

Update from the Shackan Fire Department– Charlene Joe

- There are sprinkler systems on all the houses
- The fire is still up toward Shackan Creek and hasn't crossed the river

Structure Protection Resources:

- 7 - Fire Engines
- 5 - Water Tenders
- 4 - Structure Protection Crews
- 2 - Structure Protection Specialist
- 2 - Task Force Leaders
- 1 - Type One Structure Protection Trailers
- 1 - Type Two Structure Protection Trailers



We hope all the Shackan Band Members are doing well, we know this is a hard time being away from our homes. We are just glad everyone is safe.

Hello everyone,

Please allow me to introduce myself. My name is Lee Joy, and I have joined the Shackan Band in the role of Band Administrator. Originally from Montreal Quebec, I have spent the bulk of my life in beautiful British Columbia, where, outside of work, I enjoy camping, hiking, fishing, snowmobiling and kayaking. I am proud to be First Nations, and a member of the Nation Micmac de Gespeg (Mi'kmaq).

With over 20 years of management experience in the areas of energy, telecommunications, education, tourism, municipal government and First Nations, I am excited to lead and support the staff, and to work with the community to develop programs and services.

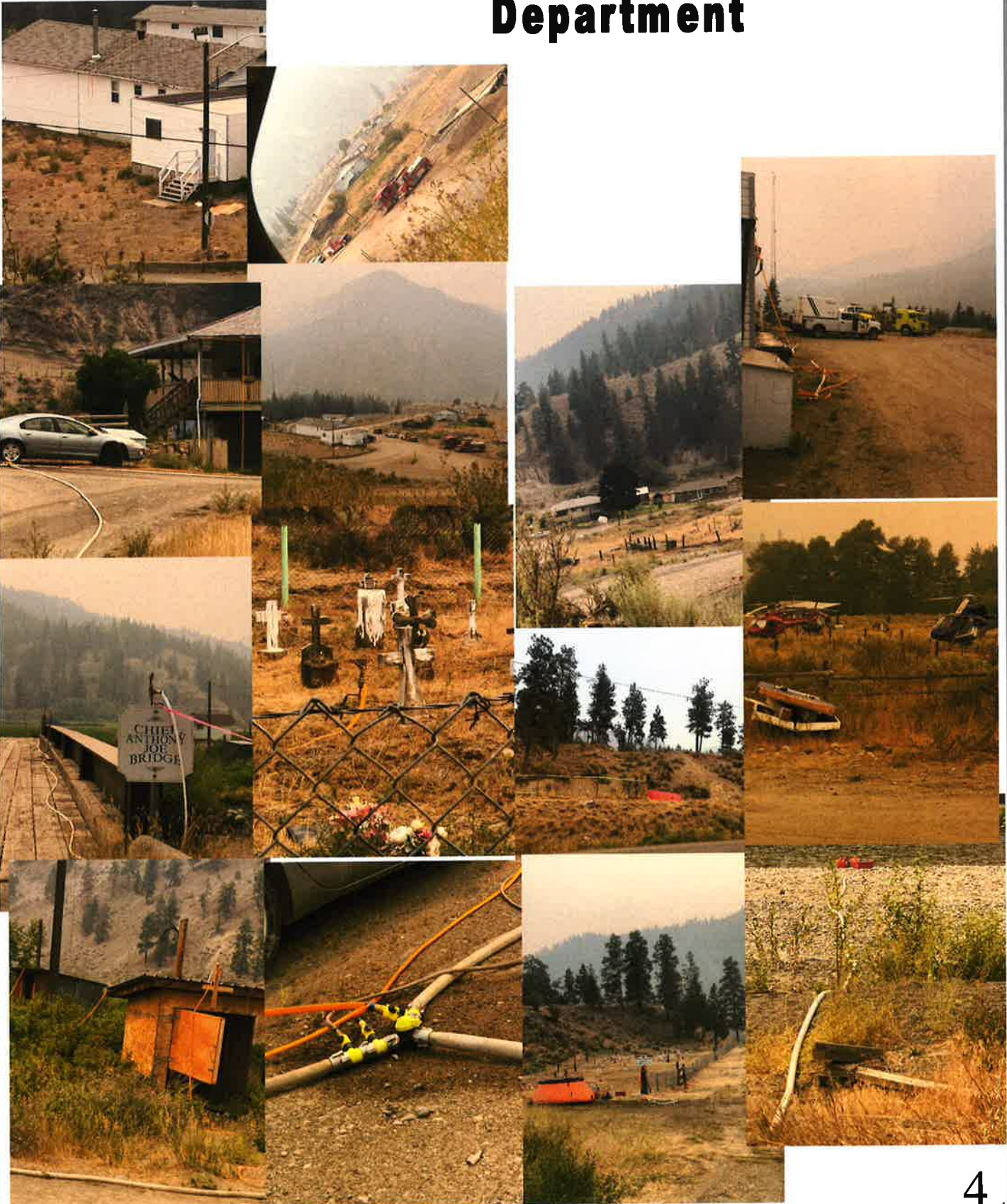
Sincerely,


Lee Joy, BBA, MBA
Band Administrator



**Office will be open
Saturday July 31st
9am-12pm
and
Sunday August 1st
9am-12pm**

Pictures from the Shackan Fire Department





SHACKAN BAND OFFICE CLOSURE

**Office will be closed
August 2, 2021
and re-open
August 3, 2021**

For more information you can email
jody.john@shackan.ca or
Phone: 250-378-5410



LOOKING FOR FIRE FIGHTER VOLUNTEERS ON SHACKAN RESERVE

If you are interested, please call the band office
250-378-5410 and let the Admin know you are
interested. If there is no answer, please leave a
message or comment on the Facebook post on the
Shackan Indian Band page

Community News



Interior Health

Health Care Resources
Merritt

<p>First Nations Supports</p>	<p>First Nations clients seeking supports with refilling prescriptions, medical supplies and equipment can contact First Nations Health Benefits at 1-855-550-5454 or go to https://www.fnha.ca</p> <p>Additional Mental Health supports at FNHA-COVID-19-Mental-Health-and-Cultural-Supports.pdf</p>
<p>Medications</p>	<p>Visit any pharmacy and speak to the pharmacist. They can help you access an emergency supply of the medications you may need without needing to see a physician or nurse practitioner.</p>
<p>Standing Order for Laboratory</p>	<p>Call 1-877-740-7747, Mon–Fri 7 a.m. to 5 p.m., to book an appointment within Interior Health or have your requisition faxed to the laboratory nearest your location.</p>
<p>Doctor / Nurse Practitioner</p>	<p>If you need immediate emergency care, go to the Nicola Valley Hospital emergency department 3451 Voght Street.</p> <p>If your need is not an emergency but you need to see or speak to a physician, nurse practitioner or nurse:</p> <ol style="list-style-type: none"> 1. Contact Health Link BC at 8-1-1 to speak to a nurse 2. Nicola Valley Medical Centre (250) 378-5115 2087 Granite Ave, Merritt BC V1K 1B8 3. The Medical Clinic (250) 378-6222 2035 Charters St, Merritt BC V1K 1R6



COVID-19 Vaccination	<p>Please drop in, Book an appointment online or call 1-833-838-2323. The immunization clinic in Merritt is located at the Nicola Valley Memorial Arena, 2075 Mamette Ave.</p> <p>More information: https://news.interiorhealth.ca/covid-19</p>
Wildfire Smoke and Health	<p>The B.C. government issues air quality advisories jointly with the health authorities:</p> <p>More info: https://www2.gov.bc.ca/gov/content/environment/air-land-water/air/air-quality/air-advisories</p> <p>The BCCDC has numerous fact sheets regarding air quality issues and health covering topics such as face masks, portable air cleaners, outdoor exercise etc.</p> <p>More info: http://www.bccdc.ca/health-info/prevention-public-health/wildfire-smoke</p>

Active by Nature

When?

Saturday | August 21

10:00 am (approx 3+ hrs)

Where?

Kane Valley

Difficulty Level?

3-4

Cost?

Zero



Looking for a little adventure, site seeing or a chance to clear your head, plus have some fun!? Come out and join Travis for a hike on one of our many local trails. Some areas of the trail may require endurance.

Parents and siblings welcome to stay.

Lead by Travis Dionne
RSVP in advance to 250.315.1050

Contact Information /
Program Registration

Merritt Civic Centre
1950 Mamette Avenue
PO Box 189 | V1K 1B8

Phone: 250-315-1050
Email: mcc@merritt.ca

Service Canada Benefits and Services Information for Evacuees

1) Go online: Canada.ca

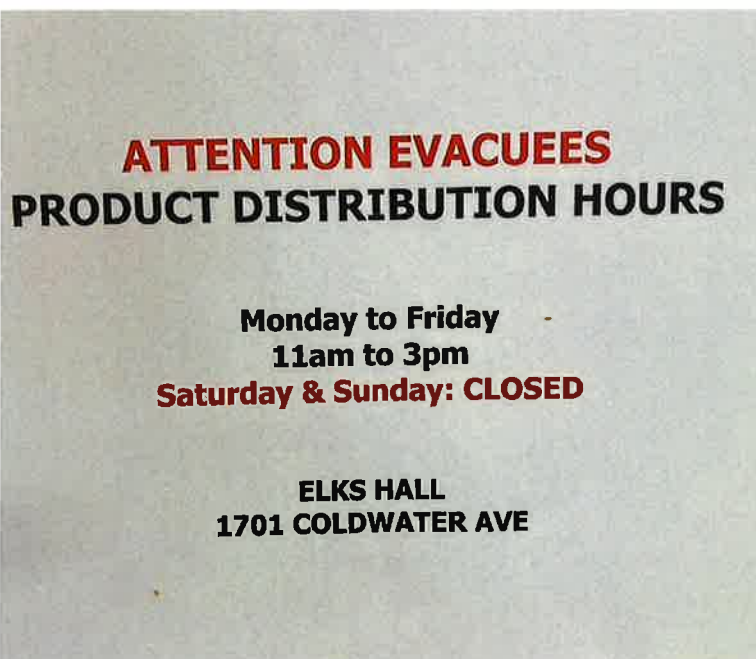
For the most convenient, easy-to-use and secure way to apply, view or update your information, access our most requested services online. Please note that you can now apply online for a Social Insurance Number (SIN), essential for accessing government services and benefits, through the secure SIN online portal.

2) Call us

Call our toll-free number 1-877-631-2657 8:00am to 4:00pm Monday to Friday.

3) Online Service Request

If you have a question, need extra help or need to make an appointment for an in-person service, fill out the service request form and a Service Canada officer will call you back within 2 business days.





**For more information on BC Wildfires,
you can download the
BC Wildfire Service App on your phone**

CITXW NLAKA'PAMUX ASSEMBLY

On the Land

10AM - 2PM

Fri, June 11, 2021

Stein Valley Hike

Sat, June 26, 2021

Saskatoons

Fri, July 09, 2021

Soapberries

Sat, July 24, 2021

Stein Valley Hike

Fri, August 06, 2021

Labrador Tea

Sat, August 21, 2021

Drying Salmon

Fri, Sept 03, 2021

Huckleberries

Sat Sept 18, 2021

Elderberries

Locations TBD closer to the Gatherings

LIMITED \$50 Esso Gift Cards Available

MUST PRE-REGISTER for Gift Cards

COVID-19 Protocols will be followed

Bring your own water, lunch, snacks

**For more information or to pre-register please
contact the CNA at 250-378-1864 or
language@cna-trust.ca**





**Conayt Friendship Centre
Walking Together
Woman's Wellness Group
Tuesday July 6-
August 24th
11-2**

**For Registration Call or Email
Jenn 250-378-5107
Communityoutreach@conayt.com
Maximum 8 woman**





**Scw'exmx Child & Family Services
Society**

2975 Clapperton Avenue, Merritt BC V1K 1G2
Telephone: 250-378-2771
Fax: 250-378-2799
Toll-Free Number: 1-877-378-2773
Child Protection Concern After Office Hours: 1-800-663-9122
Children's Help Line: 310-1234 (For children and youth)

Gathering Our Warriors
Men's Support Group

**A SAFE PLACE FOR MEN TO COME AND
TALK WHATS IMPORTANT TO MEN.**

Wednesdays

12:00 - 3:00 p.m.

Thursdays

5:00-7:00 p.m.

**To register contact Dan Jager at 250-378-
2771 or Richard Jackson Jr at 250-378-5107**

Women's Group

Women's Group has now gone virtual. We run Fridays from 10 a.m. -1:00 p.m. We currently have 6 participants and a Resident Elder that attends the sessions.

Each session we open with a Prayer, have an open sharing circle and continue with our weekly theme that is chosen by the participants.

Due to COVID-19, we cannot gather or provide lunches. We do offer good conversation, laughs and some incredible crafting opportunities.

FRIDAYS

10:00 A.M. - 1:00 P.M.



Citxw Nlaka'pamux Assembly

Bursary

High School Graduation

ASHCROFT INDIAN BAND, BOSTON BAR FIRST NATION, COLDWATER INDIAN BAND, COOK'S FERRY INDIAN BAND, NOOAITCH INDIAN BAND, NICOMEN INDIAN BAND, SHACKAN INDIAN BAND, SISKA INDIAN BAND

To recognize the accomplishments of the Citxw Nlaka'pamux Assembly (CNA) 8 Participating Band's graduates from high school or who have successfully completed the GED or Dogwood, and to encourage further education skills development by the graduate.

WHO IS THIS PROGRAM FOR?

The CNA "We Did It" Program is a one-time cash award program designed to celebrate success and to support CNA members who have successfully graduated high school, received their GED or Dogwood. It is a celebration of great accomplishment!

HOW DOES THE PROGRAM WORK?

The program is a one-time bursary currently available from 2011- Present academic years. The gift is given to individuals as a gift of \$500 in Canadian Funds and is available for students who have graduated.

AM I ELIGIBLE FOR THE GIFT?

To qualify for the gift, you must:

- Complete the CNA Bursary Form
- Graduated Grade 12 or successfully completed GED/Dogwood 2011-Present
- Provide proof of membership (status card from one of participating bands)
- Provide a certificate of achievement from a recognized institute, or transcripts clearly supporting successful completion
- Provide a letter requesting the bursary

Contact Information

Madelynn Albert

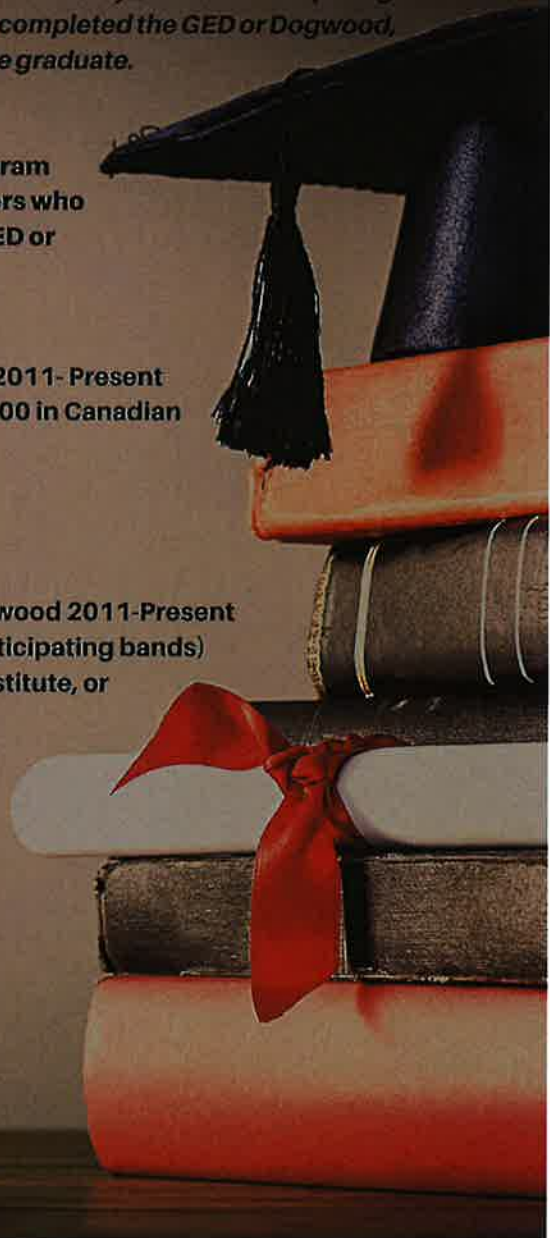
Employment & Training Coordinator

malbert@cna-trust.ca

Phone: 250-378-1864

Fax: 250-378-2910

2187A Coutlee Ave, Merritt BC



First Nations Health Benefits (Plan W)

Over-the-counter Medications Appropriate for Pharmacist-Initiated Treatment

Condition	Therapeutic Class	Examples of Accepted Products
Acne		Benzoyl Peroxide gel, lotion, wash
Allergic Conjunctivitis	Mast Cell Stabilizers	Sodium Cromoglycate
	Ocular Lubricants	
Allergic Rhinitis	Oral Antihistamines	loratadine, diphenhydramine
	Intranasal Mast Cell Stabilizer	
Bacterial Conjunctivitis and Otitis Externa	Topical Antibiotics	Gramicidin-Polymyxin B, Bacitracin-Polymyxin B
Childhood Nutrition	Multivitamin Tablets and Oral Liquid (for patients up to 6 years of age) Vitamin D Drops and Liquid	
Constipation	Stimulant Laxatives	Bisacodyl, Sennosides
	Purgative	Citric Acid-Magnesium Oxide- Sodium Picosulfate
	Osmotic Agents	Glycerin, Lactulose, Sodium Phosphate, PEG 3350
	Lavage	Macrogol-Potassium Chloride-Sodium Bicarbonate-Sodium Chloride-Sodium Sulfate
	Lubricants	Mineral Oil
	Bulk-forming Agents	Psyllium
Diabetes Mellitus	Skin Wipes	
	Insulin Pump Supplies	Infusion Set, Tubing, Cartridge
	Blood Glucose Testing Supplies	Lancets, Test Strips
	Insulin Supplies	Pen needles, syringes, and syringes and needles
Emergency Contraception		Levonorgestrel (1.5mg dose)
Fungal Infections of the skin and mucosa, including vaginal candidiasis	Topical Antifungals for Vaginal Candidiasis	Clotrimazole, Miconazole
	Oral Antifungals	Fluconazole (150mg dose) (Special Authority required)
	Topical Antifungals for Skin Infections	Miconazole, Nystatin, Tolnaftate
Lice	Pediculicides (Shampoo, Solution, Rinse)	Permethrin, Piperonyl Butoxide-Pyrethrins, Isopropyl Myristate, Dimethicone
Prenatal Multivitamins and Folic Acid Supplements	Multivitamin Tablets	
	Folic Acid Tablet 1mg tablets	



Virtual Wellbriety Support Group

Open Daily Zoom Meetings

EVERYONE IS WELCOME TO ATTEND

Every Day, Monday to Friday

1:00 pm to 3:00 pm Pacific Daylight Time

*Join by clicking this link or copy and paste the link into
a web browser <https://us02web.zoom.us/j/84428458473>*

Dial in option: 1-778-907-2071

Meeting ID: 844 2845 8473

For more information contact:

**Dave Manuel, TteS Wellness Counsellor
250-372-5030 dave.manuel@kib.ca**

Me7 knucwentwécw-kp (help one another)

**Me7 yegwyúgwt-k ell me7 yegwyúgwt ke7 púsmen
(Keep healthy and strong in body and mind)**



**Conayt Soup Kitcen
Every Thursday at
Conayt Friendship
Center**

11:30am – 1pm

HOSTED BY CONAYT FRIENSHIP SOCIETY



Wildfire Resources for Aboriginal Partners

Interior Health Mental Health and Substance Use Services

Contact the [Access Services Program](#) at your local [Mental Health & Substance Use Centre](#) to connect with a service to best meet your needs

310-MHSU (6478)

Call 310-MHSU if you need support for:

- Mental health concerns including anxiety, depression, paranoia, psychosis or if you are unsure if you need support
- Substance use services (harm reduction supplies, overdose prevention services, naloxone, treatment options including opioid agonist treatment, safe supply and counselling)

Help / Support Lines

KUU-US (Aboriginal Crisis Line): 1-800-588-8717

Métis Crisis Line: 1-833-638-4722

Indian Residential School Survivors Society: 1-866-925-4419

Hope for Wellness (Indigenous) Help line/Online chat: 1-855-242-3310

Interior Crisis Line Network: 1-888-353-2273

Kids Help Phone: 1-800-668-6868

BC211: Dial 211 to connect to local community, health and government resources

[Help Lines Fact Sheet](#): A compilation of trustworthy Help Lines to support you and guide you to other resources.

Mental Health & Substance Use Services

For Adults:

- [Mental Health Services Directory](#)
- [Substance Use Services Wheel](#)

For Youth:

- [Mental Health Services Directory for Youth](#)
- [Substance Use Services Directory for Youth](#)

Mental Health & Substance Use Resources

- [Mental Health Resources](#)
- [Substance Use Resources](#)
- [Mobile Apps / Virtual Treatment Fact Sheet](#)
- [Facility Based Services Beds List](#)
- [Home Detox Resource](#)

Overdose Prevention / Harm Reduction

- [Overdose Prevention / Harm Reduction Fact Sheet](#)
 - [Overdose Prevention Services](#)
 - [Overdose Prevention / Supervised Consumption Sites](#)
 - [Drug Checking Locations](#)
 - [Lifeguard App](#)
- Download here [App Store](#) or [Google Play](#)

Virtual Foundry

Contact [Foundry Virtual BC](#) for:

- Virtual drop-in counselling sessions
- Peer support check-ins
- Groups for youth aged 12-24
- Call 1-833-308-6379

MHSU Navigational Support for Care Providers

- If a community member is already connected or needs to be connected to a MHSU service please contact the [local site](#) and ask to speak with the Community Integrated Care Coordinator/or Team Lead who oversees access to services or the local MHSU Manager.
- If needing enhanced support for navigation, please contact an Aboriginal Mental Wellness Team Practice Lead who support nation MHSU priorities and can provide information about available IH MHSU services and bridge to local services and operational contacts.
 - Jody Wagner 1-250-258-5311 Jody.Wagner@interiorhealth.ca
 - Deb Trampleasure 1-250-267-2714 Debora.Trampleasure@interiorhealth.ca

Consultation Support for Care Providers

- [Compass Mental Health](#): Call 1-855-702-7272
Supports providers with information/resources for children 0-25 with mental health and substance use concerns.
- [BCCSU 24/7 Addiction Medicine Clinician Support Line](#): Call 778-945-7619
Provides telephone consultation to physicians, nurse practitioners, nurses, midwives and pharmacists involved in addiction and substance use care in BC.
- [First Nations Virtual Substance Use and Psychiatry Service](#):
Health and Wellness providers call 1-833-456-7655 for assistance or to make a referral. If a client doesn't have a health and wellness provider and needs a referral, call the First Nations Virtual Doctor of the Day at 1-855-344-3800.



Aboriginal Mental Wellness Team | Mental Health & Substance Use Network

Developed by: Aboriginal Mental Wellness Team | Endorsed by: Manager, Aboriginal Mental Wellness Team
Developed: 07/13/21 | Revised: N/A



COPING WITH CRISIS DURING A HEALTH EMERGENCY



Common Reactions to Abnormal Events

Everyone who has lived through a crisis will probably experience stress. This brochure highlights common reactions to stress and gives suggestions on how to cope with them.

It's important to remember that stress reactions are common reactions to an abnormal situation.

When to Seek Professional Help

The stress reactions experienced while adapting to the current situation might last for some time. If the reactions persist and make it impossible to function as you normally would over a long period of time, seek help. One option is to contact your local health facility or a local crisis support line.

Here are some ways stress can affect you:

- Feeling fear and worry, especially focused on one's own health and the health of loved ones.
- It can be difficult to relax and to get a good night of restful sleep. Your appetite and eating habits can also be affected.
- Being stressed can worsen the symptoms of existing health problems, including mental health problems.
- For some people we can see an increase in the use of substances such as commercial tobacco, alcohol and other drugs.
- Feeling stressed and afraid – as well as self-isolation and physical distancing – can make it difficult to maintain close social relationships, which are important to well-being and to maintaining our resilience in the face of a crisis.

YOU CAN LEARN MORE ABOUT PSYCHOLOGICAL FIRST AID ON [REDCROSS.CA](https://www.redcross.ca)

Membership Sign Up Instructions for Pacific Blue Cross/FNHA Benefits

1. Go to FNHA website: www.fnha.ca/benefits
2. Click on link 'Sign In to Your Member Profile'
3. Click on 'I want to Register for Access to my Member Profile'
4. Type in your Status #, then press Continue
5. Enter Registration Info (Name, Email, Date of Birth & 3 Security Questions and Answers)
6. Accept Agreement by checking boxes
7. Click on Register for Caresnet
8. Check your Email for temporary password
9. Sign back in with your status # and temporary password
10. Change temporary password to personal password



First Nations Health Authority
Health through wellness





Nlaka'pamux COVID-19 Testing

Have you been experiencing the following symptoms for 24 hours or more?

Mild Symptoms:

- ⇒ Low-grade fever
- ⇒ Cough
- ⇒ Malaise (overall discomfort)
- ⇒ Muscle aches
- ⇒ Runny nose
- ⇒ Nasal congestion
- ⇒ Loss of sense of smell
- ⇒ Painful swallowing
- ⇒ Loss of appetite
- ⇒ Fatigue
- ⇒ Sore throat
- ⇒ Nausea, vomiting, and/or diarrhea

Severe Symptoms:

- ⇒ Fever
 - ⇒ Shortness of breath
 - ⇒ Difficulty breathing
 - ⇒ Chest pain
- **If you are having any of these severe symptoms please call your nearest emergency department to make arrangements to be seen by a health professional**

Self-Assessment

DETERMINE IF TESTING IS REQUIRED & ACCESS THE NEAREST COLLECTION CENTRE

The symptomatic individual can:

- Call their primary care provider (including Community Health Nurse (CHN), Nurse Practitioner (NP), or family physician)
- Call HealthLink BC at 8-1-1. If the individual chooses, they can share that they are First Nations during this call.
- Use the COVID-19 BC Support App
- Complete the BCCDC COVID-19 Symptom Self-Assessment Tool and self-refer to a testing site by calling the site to book an appointment.
- Call their nearest IH COVID-19 Testing and Assessment Centre.
- Locate the nearest testing centre on the BCCDC Collection Centre Finder.

Testing is done by appointment only,

**to book an appointment please contact your local
Health Centre/Hospital:**

Location	Booking	Dates/Times	Address	Phone Number (leave message)
Lytton FNHA nurses	by appt only	M-F 1:00pm-2:00pm	1535 St. Georges Rd	250-455-2715
Lillooet FNHA nurses	by appt only	M-F	296 Main St. Lillooet	250-256-7017
St. Bartholomew's Hospital—in ER	by appt only	M, W, F 11:00-12:00pm	575A Main St. Lytton	250-455-2221
Lytton First Nation Lisa Colwell	by appt only	M, T, W 8:30—2:00pm	To be booked	250-256-8182
Ashcroft Hospital & Community Health Centre	by appt only	M, W, F 1:00 -2:00pm	700 Hwy 97C	250-453-1905
Nicola Valley Hospital and Health Centre	by appt only	M, W, F 12:45pm-2:15pm	3451 Voght St. Merritt	250-378-3407
Lower Nicola Health Irene Howe Rainbow Acoby	by appt only	T & Th 9:30am—1:30pm	To be booked	250-378-4089
Scw'exmx Community Health—Rose Dionne	by appt only	M-F 9am—1pm	Tailgate test at home/ Drive-in 2090 Coutlee Ave	250-378-9745
Nlaka'pamux Health Terri Stockwell	by appt only	To be booked	To be booked	250-315-7120



YOU'RE INVITED FOR

KOREAN EVENT

You will receive a gift card from the Korean Event if you are a Shackan Band member and attend.

AUG. 1ST 2021 • 4PM



Cadets Hall (1755 Coldwater Ave)



250-280-1268 Pastor John Kim

FELLOWSHIP BIG DINNER

DRAW



Workshops/Training

Business Communication and Leadership Program

12-week program begins September 13, 2021

This program is designed for anyone who wants to develop, improve, and enhance their Leadership and Communication skills! By taking this program, you will learn a variety of exciting topics from Leadership principles, emotional intelligence, management practices, change management, governance, business writing, grant writing, communication principles, organizational development, technical management and much, much more!

Business Leadership and Communication are essential skills in every industry, and everyone; this 12-week intensive program truly is for anyone who wants to develop their professional skills and enhance their career. This program will make any professional stand out in their field! We hope you join us in the September cohort!

Register online at:

<https://www.twnskillscentre.com/register>

Deadline for applications:

August 25th, 2021

In this exciting, interactive, practical and informative online program, participants will learn and explore topics such as:

- ✓ Becoming a Dynamic Leader
- ✓ Effective Supervision
- ✓ Management Essentials
- ✓ Critical Thinking and Problem Solving
- ✓ Effective Communication and Public Speaking
- ✓ Meeting Facilitation
- ✓ Strategic Planning
- ✓ Conflict Management
- ✓ Verbal De escalation
- ✓ Diversity and Inclusion in the workplace (including lateral violence prevention)
- ✓ Delegation and Empowerment
- ✓ Decision Making
- ✓ Project Management Fundamentals for Business
- ✓ Time Management
- ✓ Budgets and Costing
- ✓ Process Management
- ✓ Governance Best Practices
- ✓ Grant Writing and Technical Writing
- ✓ Team Building
- ✓ Organizational Change
- ✓ Transformational Leadership
- ✓ Emotional Intelligence



Open to all Status, Non-Status, Inuit, and Metis!

HAVE A JOB OFFER? NEED HELP WITH JOB STARTS?

WorkBC Employment
Services

We can help with:

- Work Boots
- Work Clothes
- Work Gear
- Certificates like First Aid, Food Safe or Pipeline Construction Safety Training
- Dependent Care
- Tools (if new in the trade)
- Commuting Supports

*eligibility conditions apply

**WorkBC offers FREE PROGRAMS AND SERVICES,
and one-on-one assistance with an Employment Advisor.**

OPEN FOR VIRTUAL SERVICE
LIMITED IN-PERSON SERVICES. PLEASE CALL AHEAD.

Contact us TODAY!

Tel: 250-378-5151 • Email: info-merritt@workbc.ca

 [@workbcmerritt](https://www.facebook.com/workbcmerritt)

This program is funded by the Government of Canada



This fully-funded Indigenous Trades Sampler Program gives students the hands-on experience to gain a basic understanding of three common construction trades: carpentry, plumbing, and electrical.

This program is fully funded for those who qualify, including personal protective equipment, books, and some tools. Living expenses will not be provided.

- Program Dates: Sept. 27 - Dec. 22, 2021
- Application Deadline: Aug. 20, 2021

For more information and registration contact:

TRU Lillooet Karime Jolly
 Tel: 250-256-4296 Cell: 778-209-9788
 Email: kjolly@tru.ca

Willi Fortier
 Tel: 250-828-5433 Cell: 250-851-1132
 Email: wfortier@tru.ca





**Aboriginal Skills Employment & Training Strategy with
Work Safe T Solutions Inc. Training will be hosting an**

OCCUPATIONAL FIRST AID LEVEL 3 TRAINING

WHEN: AUGUST 9 - 20, 2021

WHERE: ASHCROFT HUB (711 HILL ST. ASHCROFT)

TIME: TBA

AVAILABLE SEATS: 12

ELIGIBILITY:

- **FIRST NATIONS ANCESTRY**
- **RESIDE IN CATCHMENT AREA**
- **UNEMPLOYED, UNDER EMPLOYED (<20 HRS/WEEK)**
- **PRECARIOUSLY EMPLOYED**
- **18 YEARS OF AGE OR OLDER**

**For more information contact ASETS
(250) 453-0093 or
ashcroftec@asetts.org**



CITXW NLAKA'PAMUX ASSEMBLY

ENVIRONMENTAL FIELD SKILLS PROGRAM

Aggasiz, BC - Sept 13 - Oct 01, 2021

The Environmental Field Skills Certificate Program (EFS) is a very practical, field-based Environmental Monitoring skills training certificate program. The EFS is delivered on-demand, in communities throughout North America, utilizing local sites and watersheds as the 'classroom'.

The 120-hour (three-week) EFS provides course participants with high-quality, in-demand Environmental Monitoring field skills, including Backpack Electrofishing Certification. EFS 'graduates' are qualified and capable to lead or assist with environmental monitoring and assessment of mining, hydro-electric, oil & gas, forestry, road construction, and other natural resource-related programs and projects.

NRTG's Environmental Field Skills Certificate Program is delivered in partnership with Nicola Valley Institute of Technology (NVIT), Merritt, B.C. EFS Certificate program is accredited by BC's College of Applied Biology (CAB). CAB will recognize graduates of the EFS program as meeting the core academic requirements for entry as an Applied Biology Technician. An 'Applied Biology Technician' designation qualifies an individual as a B.C. provincially-recognized and certified technician and helps to expand their industry credibility.

Sponsorship available for CNA Members

For additional information please contact:

Madelynn Albert

Employment & Training Coordinator

Phone: 250-378-1864

Email: malbert@cna-trust.ca

Website: employment.cna-trust.ca



[HTTPS://WWW.FACEBOOK.COM/GROUPS/
CNAEMPLOYMENTANDTRAINING](https://www.facebook.com/groups/CNAEMPLOYMENTANDTRAINING)



NVIT is pleased to offer the following programs:
**Indigenous Language Fluency
 Certificate & Diploma**

Zu?zu?stis he nq^wincutnkt

"Our language makes us strong" in Nte?kepmxcin

These stories, this language, these ways, and this land are the only valuables we can give you - but life is in them for those who know how to ask and how to learn ... (Cajete, 1994)



The Indigenous Language Fluency Certificate and Diploma program is designed to meet the community, First Nations and academic standards to ensure NVIT graduates are successful and effective language fluent speakers in their respective BC Indigenous communities. This foundational and innovative program is offered in the following languages:

- Nte?kepmxcin
- Nsyilxcen
- Nadut'en
- St'at'imcets

This program is designed to be delivered year-long through the Fall, Spring and Summer semesters. If you are interested in this exciting program, please contact Student Services at 1-877-682-3300.



Artist: Andrew Dixel

For more information please visit:
www.nvit.ca/programs/default.htm



WEBSITE: nvit.ca
 TOLL FREE: 1.877.682.3300



IMMEDIATE ENTRY BURSARY

Deadline for Application Packages
 extended to **August 16, 2021.**

For more information contact:

info@nvit.ca
 1-877-682-3300



Driving Lesson Dates



Book your lessons today!

July 13th & 27th October 12th & 26th
August 10th & 24th November 9th & 23rd
September 7th & 21st December 7th

Each lesson is 45 min long.

The cost is \$65/lesson plus admin fees.

Sponsorship is available for CNA Members of the eight Participating Bands.

All lessons must be purchased and booked through the CNA.

- **Patient, experienced teacher**
- **Use of car for road test**
- **Practical driving skills**
- **Road readiness course**



For additional information contact:

Madelynn Albert

Employment & Training Coordinator

250-378-1864

malbert@cna-trust.ca

2187A Coutlee Ave, Merritt B.C.



We Are Hiring

Scw'exmx Child and Family Services Society (SCFSS) is a family-centered Delegated Aboriginal Agency, guided by nê?kepmx and syilx traditional knowledge and principles. SCFSS utilizes prevention and protection strategies with the collective goal to keep children with their families and communities. SCFSS recognizes historical challenges and is guided by traditional strength and wisdom to build family and community capacity in a monumental shift from protection to prevention.

POSITIONS AVAILABLE

- **Child Wellness Team Leader**
Permanent | Full-time (35 hours/week) | Open Until Filled
- **Communications Coordinator**
Permanent | Full-time (35 hours/week) | Open Until Filled
- **Community Engagement Manager**
Permanent | Full-time (35 hours/week) | Open Until Filled
- **Director of Prevention Services**
Permanent | Full-time (35 hours/week) | Open Until Filled
- **Family Enrichment Team Leader**
Permanent | Full-time (35 hours/week) | Open Until Filled
- **Finance Manager**
Permanent | Full-time (35 hours/week) | Open Until Filled
- **Occupational Health & Safety Officer**
Permanent | Full-time (35 hours/week) | Open Until Filled

APPLY NOW!

See our full postings on our website at www.scwexmx.com
Submit your cover letter and resume to opportunities@scwexmx.com
Attention: Janessa Collins, Human Resources Manager

Pursuant to Section 41 of the Human Rights Code, preference may be given to qualified applicant of Indigenous ancestry

Technical Writing for Professionals Online Course August 18-19, 2021 & Sept 13-14, 2021

9am - 4pm



NEED TO TAKE YOUR TECHNICAL WRITING SKILLS TO THE NEXT LEVEL?

This is a dynamic two-day course to improve the quality of technical writing. Technical Writing for Professionals equips students with hands-on tools to create technical writing which is more engaging, compelling, and persuasive. The approach taken with Technical Writing for Professionals is one of trying to address questions for which few, if any, other courses or books explicitly provide direction. Things like "how do I determine what to write? How do I determine my audience? How do I write more persuasively? How do I engage my audience more?" From there we can then move into the mechanics of language (grammar, word conventions, etc.). Only half of this course is the mechanics and standard writing instruction; the other half is determining what you want to say and crafting it persuasively and engagingly. The focus is very much on principles, and these principles are applicable to any technical writing, from instructions on setting up your phone to writing a thousand-page Environmental Impact Assessment. Obviously, applications vary among different professions and disciplines, but the core needs of writing engagingly, clearly, and persuasively, from a position of credibility and trust are constant across all fields.

Citxw Nlaka'pamux Assembly
Employment & Training Department
malbert@cna-trust.ca
250-378-1864



Project Management for Indigenous Women

Information session to be held Tuesday, July 20, 2021 at 7 pm.



Trans Mountain will be offering a Project Management for Indigenous Women Program (the "Program") in October 2021.

A limited number of participants will be selected for this unique Mount Royal University Project Management Program. This Program is being offered to women applicants currently supporting the Trans Mountain Expansion Project through community offices or its general construction contractors.

About the Project Management for Indigenous Women Program

- Start date October 2021
- 100% online through Google Classroom
- Six courses (one course/four weeks each plus a final project)
- 20-hour per course total time commitment (one hour online per week plus homework)
- 12-month program
- No cost to participant
- Women complete the Program as a single group
- Coaching support

What are some benefits to Participants?

- Provides essential training in the field and is designed to develop introductory project management skills
- Prepare to write the PMI® Certified Associate in Project Management (CAPM®) exam
- Understand Project Management and the industry, establish professional networks and advance your career
- Provides a safe environment to reflect, learn and share challenges
- Opportunity for personal growth and achievement of goals

Interested?

To apply for the Program, complete an Application Form and submit to Stephanie_Felker@transmountain.com by September 1, 2021. Successful applicants will be notified by Trans Mountain on September 25. If you have any questions about the Program, please contact Stephanie Felker by email or call 403.613.8459.



transmountain.com



Committed to safety since 1953.

If your interested, the Band office has applications

**CITXW NLAKA'PAMUX ASSEMBLY
EMPLOYMENT & TRAINING DEPARTMENT**

**Report Writing - Online
Aug 20, 2021 & Sept 15, 2021
9:00am - 4:00pm**

TECHNICAL WRITING FOR PROFESSIONALS

The companion course Technical Writing for Professionals is recommended as a prerequisite for anyone with less than five years of experience writing reports prior to taking this course. For those that have been writing reports for more than five years, you have likely learned the more basic lessons through the 'school of hard knocks.

This one-day, fully-online Technical Writing for Professionals: Report Writing course is to help professionals, particularly those new to their respective fields, develop more readable, clear, persuasive, and compelling reports. The instructors will introduce and reinforce principles and ideas – concepts that apply across industries and disciplines – to create compelling, engaging, and purposeful technical reports. A sample of the course content includes:

- Determining required content
- Standard formats of reports and when to depart these conventions
- Use of illustrations, tables, figures to enhance reading
- Tactics to write clearly and compellingly

Employment & Training
Department
malbert@cna-trust.ca
250-378-1864
2187A Coutlee Ave



*Sponsorship is available for CNA members