



# Shackan Indian Band

CONNECTION



## DECEMBER 2018

### COMMUNITY VISION

Members of the Shackan Band envision a Healthy community that lives in accordance with Traditional Scw'exmx values. These values include sharing, helping, learning and teaching.

These values translate into helping the younger generation realize their potential, promoting everyone's involvement in the life of the Community, and also in being generous to those in need.

### MISSION STATEMENT

The band office is to promote the development of a healthy lifestyle and self-sufficiency for Shackan community members. We will achieve by being helpful, positive, respectful and professional to leadership, co-workers and Shackan members when administering band programs



#### Shackan Indian Band

PO Box 1360, 2099 Granite Ave. Merritt, BC V1K 1B8

Phone: (250)-378-5410 | Fax: (250)-378-5219 | Email: [crystal.leier@shackan.ca](mailto:crystal.leier@shackan.ca) | Web: <http://shackan.com>

# DECEMBER BIRTHDAYS

09<sup>th</sup> - Anthony Briones

10<sup>th</sup> - Wyatt MacDonald

17<sup>th</sup> - Dorothy Cisco

18<sup>th</sup> - Mandy Jimmie

19<sup>th</sup> - Jessica Charlie

23<sup>rd</sup> - Cheryl Adams

26<sup>th</sup> - Wayne MacDonald

31<sup>st</sup> - Walter Zellosalmi



*Merry Christmas, wishing you all  
have a Safe & Happy Holiday!  
From Chief Jordan Joe*

**MAY Your HOLIDAY BE BLESSED with  
LOTS of LOVE, JOY, FUN, PEACE, and HOPE!**

**From: Mary Angus & Family**



*Wishing Everyone a Safe & Merry  
Christmas, all the Best in the New Year!*

*From: Joan Seymour*

*Merry Christmas & Happy New Year! Wishing  
you all the best in 2019*

*From: Heather & All of Shackan Office Staff*



## *Exciting Business Ventures*

- ✓ *Development Corp active*
- ✓ *New partnership with  
Ecora*
- ✓ *Solar panel project  
Completed*
- ✓ *Hwy 8 talk started*

Shackan Indian Band  
Lands/Forestry/Wills & Estates

2017/2018 Accomplishments

- ❧ Proposal Approval for 50 Solar Panels
- ❧ Proposal Approval for Wills and Estates Workshops
- ❧ Proposal Approval for 2 Surveys on Papsilqua for 10 Hectares and 45 Hectares
- ❧ Proposal Approval for two year Funding in regards to Shackan Development Corporation in 2016-2018
- ❧ Completed Land Use Plan
- ❧ Completed 2<sup>nd</sup> year and will be completed 1<sup>st</sup> year for a Certified Land Manager
- ❧ Referrals
- ❧ Meetings with Highways to have Archaeology work and maintenance agree on monitoring, for Highway 1 Cleanup from flooding and erosion
- ❧ Land Meetings with a Membership individual
- ❧ Transferring Lawful Lots for Indigenous Northern Affairs Canada's Approval
- ❧ Species at Risk (SARA) Recommendation to NTA for Species Account & Rating Tables

*From my family to yours  
Merry Christmas & Happy New Year*

*Thank you,*

*Angela Fountain, Lands/Forestry/Wills & Estates  
Shackan Indian Band, 2099 Granite Avenue, P.O. Box 1360, Merritt, BC, V1K 1B8  
Office: (250) 378-5410 Ext: 211, Fax: (250) 378-5219*

*Email: [angela.fountain@shackan.ca](mailto:angela.fountain@shackan.ca), Shackan Website: [www.shackan.ca](http://www.shackan.ca)*

*"First Nations Leaders must work with Children, Families, and Communities to tackle the unacceptable social and economic circumstances of our People, including the loss of our Language. If we provide our Children with Opportunities for success today, it will reap dividends in our Communities in the future." (Grand Chief Edward John)*





## Housing

- Renovations to 5 houses through Indigenous Services Canada funding
- Meetings with BC Housing to negotiate housing funding
  - \$5000. LEDSP funding for recycling in households
- Asset Data Management using Xyntax computer programming

## Capital

- Water system upgrade at Shackan IR11



Debra has worked hard over this past year in throwing some truly amazing events some include

- ✚ Cultural Day
  - ✚ Annual Family Camp
  - ✚ Language Camp
  - ✚ Back to School Celebration Dinner
  - ✚ Mother's Day Paint & Dinner
  - ✚ Computer Course
  - ✚ Halloween Party
  - ✚ Upcoming Christmas Party
- Plus many many more

*Congratulations on receiving your  
Level 3 First Aide - Shailyn Joe,  
Cheryl Adams & Ranger Oppenheim*



**CONGRATULATIONS AGAIN MR.  
& MRS. PAYNE ON YOUR 2018  
MARRIAGE**



**Welcome Back Home Donna & Ernest  
From Joan Seymour & Community**

Congratulations Jessica  
Charlie on your baby boy Born  
Nov 1<sup>st</sup> 2018



**CONGRATULATIONS to Ocean Maygard (Angus) for her advancement to becoming a Temp Supervisor on her shift at the HVC Mill operation Ocean just received her ERT (Emergency Response Transport) and is also a Volunteer Fire Fighter for the Logan Lake Fire Dept.**

**&**

**CONGRATULATIONS to Chay Nali for securing a position within the HVC Mill operation.**

**Shackan is Proud of you Both**

Merry Christmas to my Shackan  
Band people – Xander



**Congratulations to our former  
Chief Percy Joe for Receiving  
Order of BC – From All of the  
Shackan Community**





# Shackan Christmas Closure

**Monday December 24<sup>th</sup>, 2018 –  
Tuesday January 1<sup>st</sup>, 2019**

Shackan Office will reopen Wednesday  
January 2<sup>nd</sup>, 2019  
8:30am – 4:30pm

Hope you all have a very Merry Christmas  
& a Happy & Safe New Years! We look  
forward to seeing you all in the New Year!

Sorry for any inconvenience

- **Shackan Staff**





## 2019 HOLIDAYS CANADA

- January 1<sup>st</sup> Tuesday – New Year’s Day  
February 14<sup>th</sup> Thursday – Valentine’s Day  
February 18<sup>th</sup> Monday – Family Day BC  
March 17<sup>th</sup> Sunday – St. Patrick’s Day  
April 19<sup>th</sup> Friday – Good Friday  
April 21<sup>st</sup> Sunday – Easter Sunday  
April 22<sup>nd</sup> Monday – Easter Monday  
May 12<sup>th</sup> Sunday – Mother’s Day  
May 20<sup>th</sup> Monday – Victoria Day  
June 16<sup>th</sup> Sunday – Father’s Day  
June 21<sup>st</sup> Friday – Aboriginal Day  
July 1<sup>st</sup> Monday – Canada Day  
August 5<sup>th</sup> Monday – Civic Holiday  
September 2<sup>nd</sup> Monday – Labour Day  
October 14<sup>th</sup> Monday – Thanksgiving Day  
October 31<sup>st</sup> Thursday – Halloween  
November 11<sup>th</sup> Monday – Remembrance Day  
December 25<sup>th</sup> Wednesday – Christmas Day  
December 26<sup>th</sup> Thursday – Boxing Day  
December 31<sup>st</sup> Tuesday – New Year’s Eve



SHACKAN BAND MEMBERS

**ANNUAL CHRISTMAS  
PARTY**

*Saturday December 15<sup>th</sup>, 2018*

*1:30pm – 5:00pm*

*Shackan Community Hall*

*1:30pm – Chris the Clown mingling*

*2:00-3:00pm – Magic Show*

*3:00pm – Dinner*

*4:00pm – Santa*

# Thank you Shackan Chief & Council, Staff & Members

November 20<sup>th</sup>, 2018 marked my one year anniversary with Shackan. Crazy eh a year - where does time go?!? I guess the saying is true “Time flies when you’re having fun”. I would like to take a moment and thank each and every one of you for making my first year here such a memorable one.

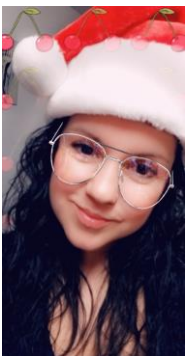
Staff, Chief & Council I appreciate your guidance and continuous support. Thank you for the opportunity to continue to allow me to grow with Shackan.

Shackan members....you guys, oh man you make me feel so welcome. You too have helped in my growth by teaching me cultural ways, telling me stories and sharing your experiences. I have enjoyed getting know you and look forward to listening, chatting, sharing with you all whenever we get the chance.

Wishing you all a Very Merry Christmas & a Safe & Happy New Year! I am excited to see what 2019 has in store for us all.

Thank you all from the bottom of my heart for making my first year A-maz-ing!!!

Crystal Leier XO



Please remember if you have any questions, comments, concerns or you’d like to see something in the newsletter contact me 250-378-5410 - Thank you

**Shackan Band Members**  
**Please be Advise that there will**  
**be Highway work in the Coming**  
**Months for Highways**  
**1, 3, & 5**



**Thank You & Have a Wonderful**  
**Holiday**  
**Shackan Indian Band**  
**Lands, Forestry, Wills & Estates**  
**Office**

# Garbage & Recycling Schedule



**Garbage pickup will be Wednesday as usual  
and Recycling will now be Thursdays**

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**Over the Christmas Holiday there will be  
NO garbage/recycling pick up for  
December 26<sup>th</sup>/27<sup>th</sup>. They will be picked up  
on Wednesday/Thursday January 2<sup>nd</sup>/3<sup>rd</sup>  
Happy Holidays Everyone!**

**Attention Shackan Band On-Reserve Homeowners**  
**Housing Assessment for Renovations**

The Shackan Band Housing Department will be submitting an application to Indigenous Services Canada (ISC) for funding of renovations to houses. If you would like for us to apply for funding to renovate your house please complete the form below and return to the Shackan Band Housing Department **by December 21, 2018.**

Once we have received your form we will complete an assessment on your house. If you have specific renovations needed note it on your form. We do not have an amount limit at this time, however we'll apply for the maximum amount dependent on the assessments and ISC allowable. If you have any questions please call the Housing Department at 250-378-5410.

✂ \_\_\_\_\_

Name: \_\_\_\_\_

House Address: \_\_\_\_\_

Phone Number: \_\_\_\_\_

Preferred days or times to do assessment: \_\_\_\_\_

Renovation notes: \_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_  
Signature of Homeowner

Distributed to homes on November 29, 2018 / Shackan Housing Dept.



**SHACKAN WILLS & ESTATES  
WORKSHOPS IN COLLABORATION  
WITH INAC & EMFP FUNDING  
3 DAY EVENT**

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**TENTATIVE DATES: SATURDAY JANUARY 9<sup>TH</sup>,  
FEBRUARY 9<sup>TH</sup> & 23<sup>RD</sup> 2019  
9:00AM – 4:00PM**

**SHACKAN COMMUNITY HALL  
CALL CRYSTAL TO BOOK YOUR APPOINTMENT**

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These sessions will be on a first come first served basis. You must make an appointment. The appointments are 1 ½ hour to give plenty of time to answer your questions. You don't need to bring anything Angela & Crystal will have the wills & estates packages with us.

To book please contact Crystal at your band office –  
250-378-5410





# Nicola Tribal Annual Christmas Dinner

December 6, 2018  
Merritt Civic Centre

Doors Open at 4 pm  
Dinner to follow at 5

Vendors & Drummers Welcome  
There will be a Special Visitor  
For more information contact NTA  
office at 250-378-4235



# Collaboration within the Nation



We would like to invite all Nlakapa'mux & Syilx Community Organizations and Service Providers to join us.

**When** ➤ Every Second Monday of the Month  
9 am - 12pm

**Where** ➤ Scw'exmx Child and Family Services Society  
Boardroom

**Why** ➤ To unite and collaborate together to better serve  
the Nicola Valley Community.

For more Information please contact

Chris Pearson at 250 378 2771/ [restoringbalance@scwexmx.com](mailto:restoringbalance@scwexmx.com)

Tamara George at 250 378 9772/ [george.t@nlxfn.com](mailto:george.t@nlxfn.com)

# NVIT CHRISTMAS MARKET

Are you still working on your  
Christmas shopping? Join us

DECEMBER  
10TH, 2018

4:00PM - 8:00PM

Are you interested in being  
a vendor? Contact Chloe @  
250-378-3336/cprice@nvit.bc.ca





# Men's Group X-mas Dinner

**Monday, December 10<sup>th</sup> 2018**

**5:00 – 8:00 PM**

**Nooaitch Band Hall**

- Dinner Served at 5:00 p.m.
- Lahal Game
- Gift Game (we provide the gifts)
- Hand Drumming – Bring your drums!

**For more information contact  
Buzz Manuel at W: 250-378-1864**



# December 2018 ~ Cultural Events

For More Information Please call Charlene Joe, Cultural Program Coordinator  
(250) 378-2771 or email [feelthebeat@scwexmx.com](mailto:feelthebeat@scwexmx.com)

Cultural Events – 2975 Clapperton Ave Everyone Welcome ~ 4:00-8:00 PM. – Potluck Dinner 5 PM



### Guidelines & Values

- Drug & Alcohol Free
- Be Respectful to Self and Others
- No Violence
- Family Events
- There will be sign-up sheets for certain events



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
						1
2	3	4 Story Telling Dennis Saddleman 4:00-8:00 PM	5	6 NTA Christmas Dinner Civic Centre 4:00-8:00 PM	7	8
9	10	11 Homemade X-Mas Gifts 4:00-8:00 PM	12	13 Christmas Cookie Baking 4:00-8:00 PM	14	15
16	17	18 Lahal (Bone Game) Willard Wallace 4:00-8:00 PM	19	20 Winter Solstice Celebration Christmas Dinner 4:00-8:00 PM	21	22
23	24 1 <sup>st</sup> Day Winter Break	25 Christmas Day	26 Boxing Day	27 Office Closed Next Feel the Beat will be Jan 3/19	28	29
30	31	<p>Please bring your own containers in case of leftover food from potluck and reusable water bottles. We are trying to minimize our carbon foot print. If your require a ride please call (250) 378-2771 or email <a href="mailto:feelthebeat@scwexmx.com">feelthebeat@scwexmx.com</a></p>				

Feel the Beat is a Cultural Revitalization program, our main focus is the restoration of the protocols and values rooted in the Culture of the Nlaka'pamux, Syilx, and Metis peoples in the way of seasonal teachings. Feel the Beat is always an open invitation to all heritage and all peoples to participate in a safe environment to learn and grow in Culture. We aim to provide leadership and opportunity to connect to our Cultural Identity.

NLAKA'PAMUX NATION

# *New Beginnings* Celebration!

Monday, DECEMBER 31, 2018

Doors Open @ 4:00 P.M.

**Dinner, Bingo, Crafts & Games,  
Kid's Area, Door Prizes!**

**Featuring Richie & The Fendermen!**

STEIN VALLEY

NLKA'PAMUX SCHOOL

1675 ST. GEORGES RD., LYTTON B.C.

Contact Kristy Joe or Corrina Manuel @ 250-378-1864,  
[kjoe@cna-trust.ca](mailto:kjoe@cna-trust.ca) or [cmanuel@cna-trust.ca](mailto:cmanuel@cna-trust.ca)

**NO ALCOHOL/DRUGS | FREE FAMILY EVENT**

PosterMvWall.com

NLAKA'PAMUX NATION  
*New Beginnings*  
Celebration!

Monday, DECEMBER 31, 2018

4:00 P.M. Doors Open/Sign In

5:00 Dinner & Nomination Ceremony

6:00 Bingo, Games, Crafts, & Kid's  
Room

7:30 Dance with Richie & The  
Fendermen

9:59 Mock Countdown with Prize  
Draws to follow

**STEIN VALLEY**

**NLAKA'PAMUX SCHOOL**

1675 ST. GEORGES RD., LYTTON B.C.

Contact Kristy Joe or Corrina Manuel @ 250-378-1864,  
[kjoe@cna-trust.ca](mailto:kjoe@cna-trust.ca) or [cmanuel@cna-trust.ca](mailto:cmanuel@cna-trust.ca)

**NO ALCOHOL/DRUGS | FREE FAMILY EVENT**

PosterMyWall.com

We want to celebrate you at  
the *New Beginnings*  
Celebration!

We are looking for **NOMINATIONS FROM THE NATION** who would like to acknowledge the successes of someone they know within the **Nlaka'pamux Nation!**

Successes include but are not limited to School, Sports, Sobriety, and Traditional Training. Among these, we would also like to acknowledge our **Eldest Elders** from each of the 15 Communities

Monday, DECEMBER 31, 2018 @ 5:00  
P.M During Dinner

STEIN VALLEY NLAKA'PAMUX SCHOOL  
1675 ST. GEORGES RD., LYTTON B.C.

Contact Corrina Manuel @ 250-378-1864, or  
[cmanuel@cna-trust.ca](mailto:cmanuel@cna-trust.ca)

**NO ALCOHOL/DRUGS | FREE FAMILY EVENT**

PosterMvWall.com



NLAKA'PAMUX NATION

*New Beginnings*  
**Celebration!**

**CALL FOR  
VOLUNTEERS**

Monday, DECEMBER 31, 2018

**\*Time Varies By Agenda**

**\*Set up \*Take Down**

**\*Registration Table \*Security**

**\*Elders Support \*Activities**

STEIN VALLEY NLAKA'PAMUX SCHOOL  
1675 ST. GEORGES RD., LYTTON B.C.

Contact Kristy Joe or Corrina Manuel @ 250-378-1864,  
kjoe@cna-trust.ca or cmanuel@cna-trust.ca

**NO ALCOHOL/DRUGS | FREE FAMILY EVENT**

PosterMyWall.com

# SCHSS/Merritt Moms & Families **FREE FOODSAFE COURSE**

FOODSAFE LEVEL 1 EXPIRY DATES & REFERESHER  
COURSE

**Friday January 18, 2019 08:30 sharp-4:30pm**  
Conayt Friendship Society (Merritt Mom's Dept.)  
EHO Fionna Goorman, Instructor



As of July 29, 2013 FOODSAFE LEVEL 1 certificates issued in BC will expire five years after the date of issue. ALL FOODSAFE certificates issued prior to July 29, 2013 have expired as of July 29, 2018.

Please contact Bonita at SCHSS 250-378-9745 or  
Adrienne at Conayt 250-378-5107 to register.  
Seating is limited so hurry!

## **FOODSAFE LEVEL 1 EXPIRY DATES AND REFRESHER COURSE**

As of July 29, 2013, **FOODSAFE LEVEL 1** certificates issues in BC will expire five years after the date of issue.

**ALL BC FOODSAFE** certificates issued prior to July 29, 2013 have expired as of July 29, 2018.

There are two options for people who want to renew their Level 1 certificates:

1. Take the full **FOODSAFE LEVEL 1** course again in a face to face classroom, on-line, or by correspondence. This is the preferred option for people who have not refreshed their food safety knowledge for several years.
2. Take the **FOODSAFE Online Refresher Course** through Open School BC. This is a quick, flexible and lower cost version of **FOODSAFE LEVEL 1** designed specifically for people who are actively working in the food service industry and need only to refresh their knowledge of key food safety information.
3. The Refresher Course is offered only online, not as a classroom course. In order to register for the Online Refresher Course, students must be in the **BC PROVINCIAL FOODSAFE Registry** as having successfully completed **FOODSAFE Level 1** in British Columbia.

**SCHSS/Conayt CONDUCTS FREE FOODSAFE LEVEL 1 CLASSES EACH JANUARY. IF YOU WISH MORE INFORMATION PLEASE CONTACT BONITA AT 250-378-9745 or Adrienne at 230-378-5107 TO DISCUSS YOUR OPTIONS.**



## CITXW NLAKA'PAMUX ASSEMBLY

### OCCUPATIONAL FIRST AID LEVEL 3

Occupational First Aid Level 3 is a 2 week/70 hour program designed to further first aid training and knowledge. The OFA Level 3 course is suitable for people in these industries: lumber mill, pulp and paper mill, medic for oil and gas in BC (Alberta may require extra training), large logging companies, large road construction and flagging. No prior first aid knowledge required to attend this course. All students must be at least 16 years old and physically able to perform first aid.

#### Course Content

- The role and duties of an Occupational First Aid Attendant
- Head-to-toe examination
- Operate oxygen therapy equipment and insert oral airways
- Medical emergencies
- Skin and soft tissue anatomy and function
- Management of soft tissue injuries
- Principles of burn management
- Ligament and tendon injuries
- Manage soft tissue injuries
- Manage oxygen therapy equipment
- Patient positioning
- Critical incident stress
- Manage oral airways
- Patient packaging for rapid transport
- Management of circulatory emergencies
- Manage circulatory critical interventions
- Head and brain injuries
- Neck and spinal injuries
- Immobilization
- General principles of management for fractures and dislocations

Date: January 28 – February 8, 2019

(Mon– Fri) Time: 8:30 AM – 4:30 PM

Contact Nicole Johnny: 250-378-1864 or [njohnny@cna-trust.ca](mailto:njohnny@cna-trust.ca)

## Employment Opportunity

### NVIT Culinary Arts Program

*Nicola Valley institute of Technology*

#### Upcoming Culinary Arts – Admission requirements are as follows:

- Grade 12 graduation or equivalent
- English 10 or equivalent or assessment
- Math 10 or equivalent of assessment
- Food safe Level 1\*
- Minimum 16 years



**\*No deferrals. Students will have to complete Food safe Dec 7 or find somewhere else to take it prior to the program commencing. As it is expected to be competitive entry for the first intake, I would encourage students to register in Kamloops or take the course online and arrange invigilation ASAP.\***

The program will begin either Jan 2 or 7th and will finish in July. The program is 28 weeks long and consists of 840 program hours. The capacity for this program is 16 students.

#### Upcoming Food Safe Level 1 at NVIT:

**Date:** Friday, December 7th, 2018

**Time:** 8:30 AM – 4:30 PM

**Cost:** \$95

A food handling, sanitation and work safety course designed for food service establishment operators and front line food service workers such as cooks, servers, bussers, dishwashers and deli workers. The course covers important food safety and worker safety information including food-borne illness, receiving and storing food, preparing food, serving food, cleaning and sanitizing.

#### **Merritt Campus:**

Mail: 4155 Belshaw Street

Merritt, BC V1K 1R1

Phone: 1-250-378-3300

Toll Free: 1-877-682-3300

Fax: 1-250-378-3332



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Merritt ASETS Employment Counsellor: Deloris Charters Email: [merrittec@assets.org](mailto:merrittec@assets.org)

Merritt ASETS Administration Assistant: Joelle Brown [merrittadmin@assets.org](mailto:merrittadmin@assets.org)



## Nooaitch Indian Band

2954 Shackelly Road  
Merritt, B.C. V1K-1N9

Ph: 250-378-6141  
Fax: 250-378-3699

Our Vision is a healthy and economically successful community that respects our traditional culture and values,

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### Catering Bid

Nooaitch Indian Band is seeking a caterer for the **2018 Annual Community Christmas Party**

Event being held December 15, 2018 – Saturday – doors open at 4:30 pm and Dinner to be provided at 5:00 pm sharp at the Nooaitch Band Hall. Santa will be arriving at 6:00 pm

Your bid should include

- 1) Provide Dinner Menu: main course, dessert, beverages, condiments. Christmas specialties should be included in the Menu. Menu must include food/dessert for diabetics.
- 2) Must have food safe certification
- 3) Quote will guarantee meal for 90 people  
Quote should include; supply of all essential items to host the dinner: such as paper plates, utensils, napkins, cups., and include clean up after the event.
- 4) 50% of bid will be advance to successful bidder to assist with preparation.
- 5) Lowest bid may/may not be considered
- 6) Your bid should include your contact person and contact information.

**Deadline for bids: December 7<sup>th</sup>, 2018 no later than 4 pm**

Any questions contact Executive Assistant Christine Oppenheim at contact information provided above. Drop of bids or email to

[christine@nooaitchband.ca](mailto:christine@nooaitchband.ca)

# CHRISTMAS FUN

## MAKE AHEAD BREAKFAST CASSEROLE

YIELD: 8 servings    PREP TIME: 15 minutes    COOK TIME: 50-55 minutes

### INGREDIENTS:

- 1 (16 ounce) package pork sausage
- 10 eggs, lightly beaten
- 3 cups milk
- 1 teaspoon salt
- 6 cups cubed bread\*
- 2 cups shredded sharp Cheddar cheese
- 1/2 teaspoon black pepper
- 1/2 cup diced red pepper, optional
- sliced green onion, optional

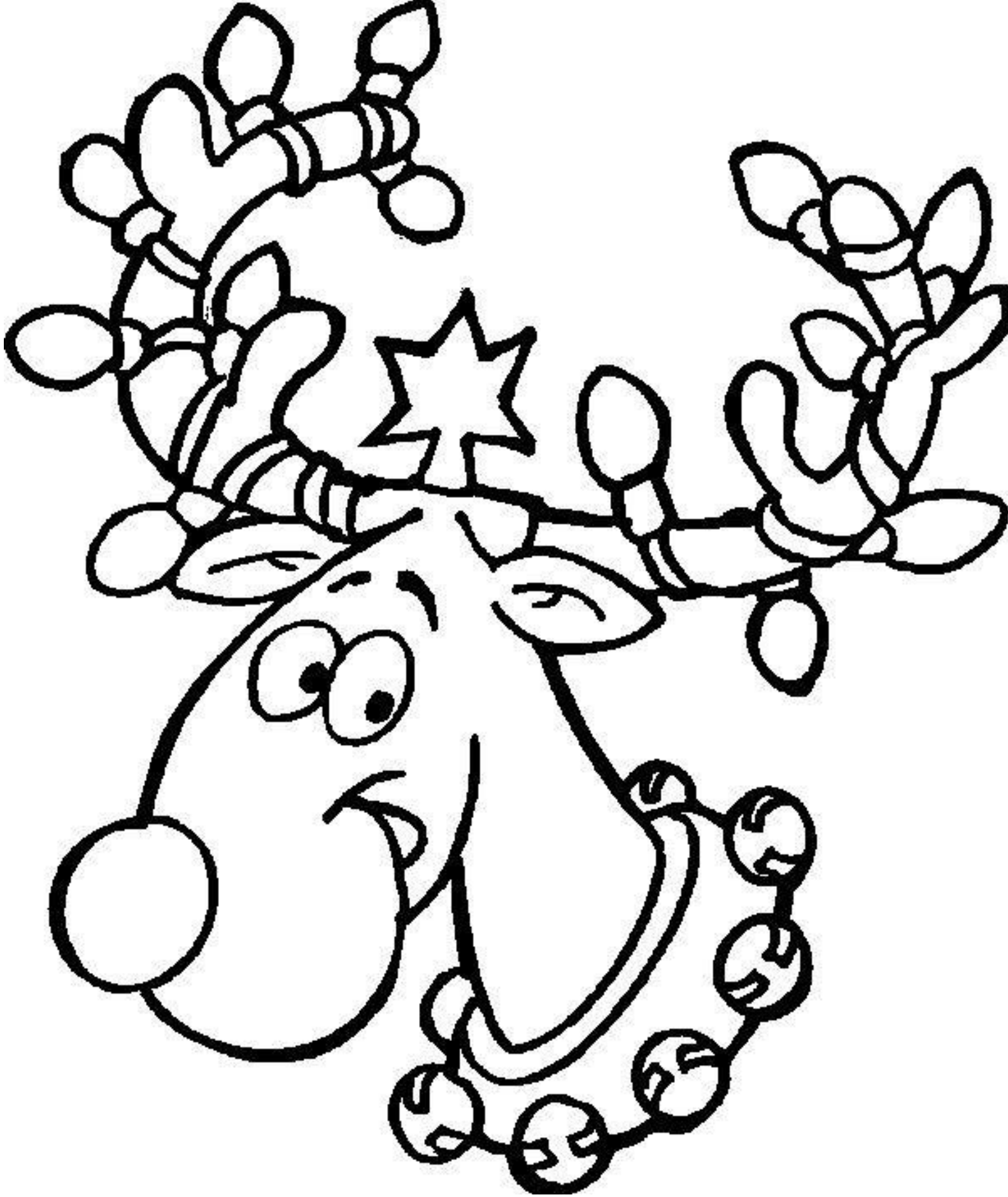
### DIRECTIONS:

1. Butter a 9 x 13 x 2 inch casserole dish.
2. In large skillet, cook sausage over medium-high heat, stirring frequently until thoroughly cooked and no longer pink.
3. In large bowl, whisk together eggs, milk, and salt until thoroughly combined.
4. Evenly distribute half the bread into the prepared casserole dish. Sprinkle with half the cheese, half the black pepper, half the red pepper, and half the sausage. Repeat layers.
5. Pour egg mixture evenly over casserole.
6. Cover and refrigerate overnight, or bake immediately.
7. When you're ready to bake the casserole, preheat oven to 325 F. Bake uncovered for 55-60 minutes, or until eggs are set. If the top begins to brown too quickly, loosely cover the casserole dish with foil.
8. If desired, sprinkle the casserole with sliced green onions. Serve warm.

### NOTES:

- \*I toast my bread before incorporating it into the casserole, but this step is optional.









# Shackan & Community Events

## December 2018

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
						1
2	3	4 Story Telling 4-8pm Dennis Saddleman Feel the Beat	5	6 NTA Christmas Party - Merritt Civic Center 4pm	7	8
9	10 NVIT Market 4-8pm Chloe 378-3336 for more info	11 Homemade X-Mas Gifts 4-8pm Feel the Beat	12	13 Christmas Cookie Baking 4-8pm Feel the Beat	14	15 Shackan Members Christmas Party - Shackan Hall 1:30pm
16	17	18 Lahal (Bone Game) Willard Wallace 4-8pm Feel the Beat	19	20 Winter Solstice Celebration Christmas Dinner 4- 8pm- Feel the Beat	21	22
23	24 Shackan Office Closure for Christmas - Reopen Jan 2 <sup>nd</sup> , 2019	25  <i>Merry Christmas</i>	26	27	28	29 →
30	31 Niaka'pamux New Beginnings Celebration Doors open at 4pm →	Stein Valley School 1675 St Georges Rd, Lytton BC →	No Alcohol/Drugs Free Family Event For more info - Kristy 378-1864			