

MAY 2021

SHACKAN INDIAN BAND NEWSLETTER



Mission Statement

The band office is to promote the development of a healthy lifestyle and self-sufficiency for Shackan community members. We will achieve by being helpful, positive, respectful and professional to leadership, co-workers and Shackan members when administering band programs



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Shackan Indian Band

Contact Us



2099 Granite Ave. PO BOX 1360 Office: 250-378-5410
www.shackan.ca

- * **Chief - Arnold Lampreau**
sibchief@shackan.ca
- * **Councilor - Lindsay Tighe**
 - * sibcouncil1@shackan.ca
 - * **Councilor - Yvonne Joe**
 - * sibcouncil2@shackan.ca
- * **Band Administrator - VACANT**
 - *
- * **Operations Coordinator & Membership - Crystal Leier**
crystal.leier@shackan.ca
 - * **Administrative Assistant - Jody John**
jody.john@shackan.ca
 - * **Finance Manager- Kathy Gray**
kathy.gray@shackan.ca
 - * **Social Development & Education - VACANT**
- * **Parent/Child Development Worker - Rebecca Fader**
rebecca.fader@shackan.ca
 - * **Housing & Water Works - David Clayton**
david.clayton@shackan.ca
 - * **Land Code - Teri Clayton**
teri.clayton@shackan.ca
- * **Operations & Maintenance - Toby Abbott & Lee Seymour**
maintenance@shackan.ca

SHACKAN BAND OFFICE CLOSURE

Due to COVID-19

As a safety measure against the spread of Covid-19, the Shackan Band Office will remain locked. Please make an appointment by calling 250-378-5410. If there is no answer, **please leave a detailed message** and someone will get back to you shortly. Some staff will be working part time from home.

For inquiries, please call or email
250-378-5410 or jody.john@shackan.ca

Shackan Band News

Housing Applications Available

Hello Shackan Band Members,

The Housing Department is now accepting applications for the new homes that will be located in the new subdivision on Shackan IR#11. Depending on your family size, there are 2, 3, and 4 bedroom houses available for rent. All homes will be modular and delivery of these will start in May 2021.

Application forms are available on the Shackan website or call Jody John at the Band Office 250-378-5410. If you are interested in applying for one of the homes please fill out the application and return to the Band Office. If you have any questions regarding the application, please call Teri Clayton at cell 250-280-6007 or you can ask all your questions in the meeting that Housing will arrange with you once they've received your application.

Humelth



Update from Chief k^wúpi? Arnie Lampreau

March 2021

- Signing ceremony held at sxéxn'x hall for the Shackan members to witness.
- Meeting with the previous Chief and Council, as per election rules.

April 2021

Band Council Resolutions:

- Re-sign BCR's to address:
- Board of Director designation.
- Emergency Operations Center.
- Provincial Health Plans for COVID.
- Ongoing discussions for other pending BCR's.

Meetings with Previous Chief and Council:

- 4 additional meetings with previous Chief and Council. These meetings will be ongoing to get clarity on the previous and current band business.
- Reviewing business activity of previous Chief, Council and staff (ie: Fisheries, Referrals, Shackan Development Corporation, Indigenous Bloom, etc.).

Chief and Council Duly Convened Meetings:

- Chief and Council have had several informal meetings and duly convened Chief & Council Meetings.
- All formal Chief and Council meetings have been held at the Shackan Community Hall and the Shackan Band Office.

Other Meetings:

- Meeting held with Shackan Development Corporation.

Shackan Band Office Administration:

- Unscrambling office administrative issues – sorting through some of the concerns that were surfacing as we got more familiar with the office dynamics.
- Ongoing review of current employment contracts, job descriptions, and office policies, economic development business agreements, etc.
- Hiring for vacant positions as required.
- Review of current budget for Shackan Band in preparation for the upcoming fiscal year.
- Chief, Council and staff review of financial update from Finance Manager.

Nation Business:

- Referral review for the Nlaka'pamux Nation activities. (ie: Trans-Mountain Pipeline, etc.).
- Much of the UBCIC, AFN, and other organization business is on hold until we sort out our own in-house business.

Range Use Plans & Grazing Licences:

- The Manning Creek Grazing Licence was approved by Chief and Council.
- The Manning Creek Range Use Plan is in its final stage for approval.
- The Range Use plan for Skuhun/Skohost/Piminus Range was approved.

Greenhouse:

- The greenhouse project is ongoing, and the greenhouse transition is happening.

Fire Department:

- Fire department operations are ongoing. We are seeking additional training and staff to run the Fire Hall.

Other Community Events:

- Supported the raising of a headstone for William Frank in sxéxn'x graveyard.

Operations and Maintenance:

- Operations and Maintenance is doing their regular duties in the community.

Housing:

- The new housing development continues.
- The implementation of the housing projects has infringed on Shackan Road, repairs and water re-direction are underway to avoid further damage.

Update from Councilor Yvonne Joe



Good day to all the People of Shackan those nearby and those far away. As a new Councilor of our Band I thank you for allowing me to serve you and to listen even to the smallest voice or concern. I am honoured to say I work along with a great Team, the other Council and the staff of our office. Things are moving along at a fast speed and hopefully one day soon we are able to provide a Band meeting and bring you all up to speed.

You can reach me through email: sibcouncil2@shackan.ca or call the Band office (250) 378-5410

humelth Yvonne Joe

Update to Shackan Members

From Teri Clayton – Interim Band Administrator

Good day Band Members. Here is a condensed update on what we have been working on at the office.

Capital Works and Housing Projects

Waterline – the upgrade on the waterline has been completed.

Subdivision Development – the subdivision is almost complete. Streetlights are still to be installed and the Shackan Road intersection to Highway 8 needs to be constructed. Telus will be installing their cable.

Greenhouse Relocation – We are hoping to have the greenhouse operating soon once there is an approved financial plan in place.

Rapid Housing Initiative Modular Homes – The Rapid Housing Initiative has allowed the Band to fulfill the housing needs by supplying 14 modular homes. These homes will be ready for occupancy in June or July 2021. Watch for the first delivery of 4 houses at the end of May. If you have an application in for one of the homes, we will be contacting you soon. If you would like to apply for a home, please fill out the application attached to this newsletter or you can call the Reception 250-378-5410 and have one emailed to you.

Housing Renovations – There was an application submitted two years ago for renovations of 12 houses. We have not had approval from Indigenous Services Canada (ISC) on that application so we are going to resubmit with current costs.

Human Resources

The Chief and Council have changed the organizational chart to ensure members are at the top, meaning the members drive the plans, decision making and guide the Chief and Council, which in turn guide the staff.

Financial

The 2021-2022 Budget and the 2020-2021 Audit are continued to be worked on.

Emergency Services

The Fire Department is recruiting for volunteer members. Training will be provided if you are interested in joining. Contact Councillor Lindsay Tighe if you would like more information.

Covid

The Band Office is still on Covid Safety protocol. Staff are working from home and at the office.

Post Secondary Applications

The Post Secondary Application deadline has been extended to May 15th 2021.

Humelth

WWII veteran honoured with headstone

Nicola Valley First Nations veterans are being honoured with military markers thanks to the Last Post Fund's Indigenous Veterans initiative and Carol Holmes, who has been volunteering her time to assist families with the research, documentation and application process.

On Oct. 13, seven markers were placed. Six at Coldwater Cemetery honouring James (Jimmy) Voght, Gordon (Tiny) Voght, Tim Voght, William Voght, Michael Bob and Frederick Albert Sterling. The first ceremony, which took place at Shulus, honoured Second World War veteran Francis Blankinship Nahumpchin.

In addition to Holmes, Grand Chief Percy Joe was also in attendance at the ceremony, as was Nahumpchin's son Archie and Archie's children, including Jennie Blankinship, who spoke about her grandfather Francis and the recognition he has now received.

Indian Band cemetery where Nahumpchin was interred after his passing in 1978, and on Oct. 13, his carved wooden cross was removed and replaced with an official military marker, which featured his traditional name 'Nahumpchin'.

Grand Chief Percy Joe, a veteran himself who has been involved in the conversations surrounding First Nations veterans for more than 20 years, was similarly pleased to see Nahumpchin and the six other veterans honoured.

Like many others across Canada, when the call went out asking for volunteers to serve during both the First and Second World War, thousands of young Indigenous men stepped forward. Many of those men have not been recognized for their service. For one thing, at the conclusion of the Second World War, First Nations veterans did not qualify for the same entitlements as non-Indigenous vets. And for what they were entitled to, Percy Joe explains that they would not deal with Veterans Affairs, but rather with an Indian Agent, who had very little experience or knowledge of what a veteran was entitled to receive.

Joe also explained that much of the information regarding veteran's benefits was distributed by the Legion. But, because the Legion was acknowledged as a drinking establishment, Indigenous veterans were not permitted to join or enter their local Legion.

For this reason, many Indigenous veterans have "slipped through the cracks", and it is only through the dedication and hard work of people like Holmes that they are being discovered and finally given their due.

While Holmes has focused mainly on veterans who served in the First and Second World Wars, the markers are not limited to only these veterans, and Holmes encourages the families of any First Nations veteran within the Nicola Valley to reach out to her for assistance in applying to the Last Post Fund.

Carol Holmes can be reached at: 250-378-7809.





SHACKAN INDIAN BAND

PO Box 1360

2099 Granite Avenue

Merritt, B.C. V1K 1M9

Phone: 250-378-5410 Fax: 250-378-5219

www.shackan.ca

TRAVEL RESTRICTIONS

On Friday April 25, 2021, the British Columbia Governments announced new travel restrictions in hopes of reducing recent COVID-19 cases. The order restricts non-essential travel between regions. Our region, Interior Health has been combined with Northern Health, but it is still recommended that we DO NOT travel for overnight holidays within our health regions.

Included in the order is travel restrictions between health regions:

- Vacations, weekend getaways and tourism activities
- Visiting family or friends for social activities
- Recreation activities

Travelers are subject to a \$575 fine for non-essential travel between regions and will be enforced at law enforcement discretion.

Essential travel between regions is allowed. Essential reasons include:

- Returning to your principal residence, moving, or helping someone move
- Work, both paid and unpaid (Volunteer)
- Commercial transportation of goods
- Getting health care or social services or helping someone get those services
- Court appearance, complying with a court order or parole check in
- Exercising parental responsibilities
- Childcare services
- Attending classes at a post-secondary institution or school
- Responding to a critical incident, like search and rescue operations
- Providing care to a person because of a psychological, behavioral or health condition, or physical, cognitive, or mental impairment
- Visiting a resident (as essential visitor) at long term care or assisted living facility
- Attending a funeral
- Travelling under a PHO vaccine, For example., BCHL

These measure will be in place until May 25, 2021 and may extend



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The order combines B.C.'s five health authorities into three regions of the province. Travel into and out of the regions for non-essential reasons is not allowed and is now prohibited by law.

The regions are:

1. Lower Mainland and Fraser Valley (Fraser Health and Vancouver Coastal Health)
2. Northern/Interior (Northern Health and Interior Health, including Bella Coola Valley, the Central Coast and Hope)
 - Residents from the Hope area can travel to Chilliwack for essential goods and supplies
 - Residents from the Bella Coola Valley and Central Coast area can travel to Port Hardy for essential goods and supplies
3. Vancouver Island (Vancouver Island Health)



Mother's Day

Online Bingo with plenty of prizes.

Thursday May 6th at 6pm.

Shackan, Nooaitch & Coldwater

Mothers and grandmothers, caregivers

Welcome to play.

Youth can also play and win a gift for mom!



Bingo Kits available at 1802 Chapman Street

For more Information

Contact Lucy or Darlene at 250-315-0016

Community News



**1- PENDLETON
BLANKET (TURTLE
CREATION)**

1- TABLETS

**1 - \$50 GIFT CARD
& NLAKA'PAMUX
SWEATER**

CNA MEMBERS!

COMPLETE THE NLAKA'PAMUX SURVEY

FOR A CHANCE TO

**WIN 1 OF 3
PRIZES**



**COMPLETE THE SURVEY ONLINE BY CLICKING ON THE LINK
IN THE ORIGINAL POST OR CALL THE CNA TO COMPLETE
THE SURVEY OVER THE PHONE (250) 378-1864**



**Scw'exmx Child & Family Services
Society**

2975 Clapperton Avenue, Merritt BC V1K 1G2
Telephone: 250-378-2771
Fax: 250-378-2799
Toll-Free Number: 1-877-378-2773
Child Protection Concern After Office Hours: 1-800-663-9122
Children's Help Line: 310-1234 (For children and youth)

Gathering Our Warriors
Men's Support Group

**A SAFE PLACE FOR MEN TO COME AND
TALK WHATS IMPORTANT TO MEN.**

Wednesdays

12:00 - 3:00 p.m.

Thursdays

5:00-7:00 p.m.

**To register contact Dan Jager at 250-378-
2771 or Richard Jackson Jr at 250-378-5107**

Women's Group

Women's Group has now gone virtual. We run Fridays from 10 a.m. -1:00 p.m. We currently have 6 participants and a Resident Elder that attends the sessions.

Each session we open with a Prayer, have an open sharing circle and continue with our weekly theme that is chosen by the participants.

Due to COVID-19, we cannot gather or provide lunches. We do offer good conversation, laughs and some incredible crafting opportunities.

FRIDAYS

10:00 A.M. - 1:00 P.M.



Scw'exmx Tribal Council

ISET-P

Indigenous Skills Employment and Training Program
2090 Coutlee Avenue, Box 188, Merritt, B.C. V1K 1B9
Office: 250-378-4235



April 27, 2021

To Whom It May Concern:

**Re: Beginning April 1, 2021, SNTC ASETS will no longer be
delivering services in the Merritt Area**

We are pleased to announce that **Scw'exmx Tribal Council** has undertaken delivery of the Indigenous Skills Employment and Training Program (**ISET-P**) in Merritt beginning April 1, 2021.

We would like to introduce to you our Program Manager, Bernadette Manuel who will be handling all communications and outreach for contracting. She can be reached by email bmanuel@scwexmxtribal.org or by cell phone 250-378-7586 or office phone 250-378-4235.

We would also like to introduce to you Debbie Sampson, our Employment Placement Specialist who will be offering client services. She can be reached by email counsellor@scwexmxtribal.org or by cell phone or office phone 250-378-4235.

Bernadette's start date is April 26, 2021 and Debbie Sampson's start date is April 28, 2021.

Arlene Johnston, CAFM, CAPA

Executive Director

Contest Alert!

Mental Health Awareness Week

What do YOU do for
your **EMOTIONAL** wellness?

Take an original picture or video demonstrating what
helps you with your EMOTIONAL health!

*Examples: Self-care, singing, journaling,
meditation*

**Deadline to submit: Friday May 7th at
9 am**

**Draw will be held on Friday, May 7th
2021 at 1 pm**

***1 entry per person, per contest* To enter, into
the draw, please email your creations to
tanya.pellett@scwexmx.com**

**Please indicate whether or not your creation can
be shared publically!**





Virtual Wellbriety Support Group

Open Daily Zoom Meetings

EVERYONE IS WELCOME TO ATTEND

Every Day, Monday to Friday

1:00 pm to 3:00 pm Pacific Daylight Time

*Join by clicking this link or copy and paste the link into
a web browser <https://us02web.zoom.us/j/84428458473>*

Dial in option: 1-778-907-2071

Meeting ID: 844 2845 8473

For more information contact:

**Dave Manuel, TteS Wellness Counsellor
250-372-5030 dave.manuel@kib.ca**

Me7 knucwentwécw-kp (help one another)

**Me7 yegwyúgwt-k ell me7 yegwyúgwt ke7 püsmen
(Keep healthy and strong in body and mind)**

Nlaka'pamux Health Services Society

2088 Quilchena Ave P.O Box 1624 Merritt BC, V1K 1B8
Telephone: (250) 378 9772
Fax: (250) 315 0283
Email: Mhreception@nlxfr.com



*Due to the recent increase on the number of COVID-19 cases
We would like to announce we have*

PHONES & TABLETS AVAILABLE

**for those who are going into isolation
directed by a medical professional**

At this time, all services and appointments will
be offered VIA telephone and/or scheduled
through Zoom.



**Please call
Jackie or Bernadette
250-378-9772**

to schedule an appointment
to receive a device.



**2021 Annual Elders Gathering
IS CANCELLED**

The 2022 ANNUAL ELDERS GATHERING

Will Be JULY 11, 2022 (Early Reg. only)

With the 2022 AEG Taking Place

July 12-13, 2022

**At The Vancouver Convention Centre,
East Building Once Again.**



MAY



2021



Sun	Mon	Tue	Wed	Thu	Fri	Sat
						1 Happy Birthday Kyle James
2 Happy Birthday Priscilla Charlie	3 Happy Birthday Victoria Charlie & Marc Ripberger	4	5	6 Happy Birthday Francyne Joe	7	8
9 Happy Birthday Charles Baldwin <i>Happy Mother's DAY</i>	10 Happy Birthday Jackie Adams & Garrett MacDonald	11	12 Happy Birthday Deklynn Nati	13 Happy Birthday Nevaeh Adams, Verna Charlie, Travais Oppenheim & Brad Ripberger	14 Happy Birthday Melody Calderon	15 Happy Birthday Jody John
16	17	18	19	20 Happy Birthday Alexander Nati & Kevin Joe Sr.	21	22
23	24 Office Closed <i>Victoria is away</i>	25	26 Happy Birthday Rapid Diablo	27	28	29 Happy Birthday Lisa Dycks
30	31 Happy Birthday Marshall Moojelski					



SCHOOL DISTRICT NO. 58 (NICOLA-SIMILKAMEEN)

IF THE LIGHTS ARE

FLASHING



DON'T TRY

PASSING

Passing a **STOPPED** school bus with flashing lights is against the law!

What will it take to make you **STOP**?

- \$368 Fine?
- 3 points on license?
- Injury of a Child?
- Imprisonment?



First Nations Health Benefits (Plan W)

Over-the-counter Medications Appropriate for Pharmacist-Initiated Treatment

Condition	Therapeutic Class	Examples of Accepted Products
Acne		Benzoyl Peroxide gel, lotion, wash
Allergic Conjunctivitis	Mast Cell Stabilizers	Sodium Cromoglycate
	Ocular Lubricants	
Allergic Rhinitis	Oral Antihistamines	loratadine, diphenhydramine
	Intranasal Mast Cell Stabilizer	
Bacterial Conjunctivitis and Otitis Externa	Topical Antibiotics	Gramicidin-Polymyxin B, Bacitracin-Polymyxin B
Childhood Nutrition		Multivitamin Tablets and Oral Liquid (for patients up to 6 years of age) Vitamin D Drops and Liquid
Constipation	Stimulant Laxatives	Bisacodyl, Sennosides
	Purgative	Citric Acid-Magnesium Oxide- Sodium Picosulfate
	Osmotic Agents	Glycerin, Lactulose, Sodium Phosphate, PEG 3350
	Lavage	Macrogol-Potassium Chloride-Sodium Bicarbonate-Sodium Chloride-Sodium Sulfate
	Lubricants	Mineral Oil
	Bulk-forming Agents	Psyllium
Diabetes Mellitus	Skin Wipes	
	Insulin Pump Supplies	Infusion Set, Tubing, Cartridge
	Blood Glucose Testing Supplies	Lancets, Test Strips
	Insulin Supplies	Pen needles, syringes, and syringes and needles
Emergency Contraception		Levonorgestrel (1.5mg dose)
Fungal infections of the skin and mucosa, including vaginal candidiasis	Topical Antifungals for Vaginal Candidiasis	Clotrimazole, Miconazole
	Oral Antifungals	Fluconazole (150mg dose) (Special Authority required)
	Topical Antifungals for Skin Infections	Miconazole, Nystatin, Tolnaftate
Lice	Pediculicides (Shampoo, Solution, Rinse)	Permethrin, Piperonyl Butoxide-Pyrethrins, Isopropyl Myristate, Dimethicone
Prenatal Multivitamins and Folic Acid Supplements	Multivitamin Tablets	
	Folic Acid Tablet 1mg tablets	

Citxw Nlaka'pamux Assembly
Employment & Training



Merritt

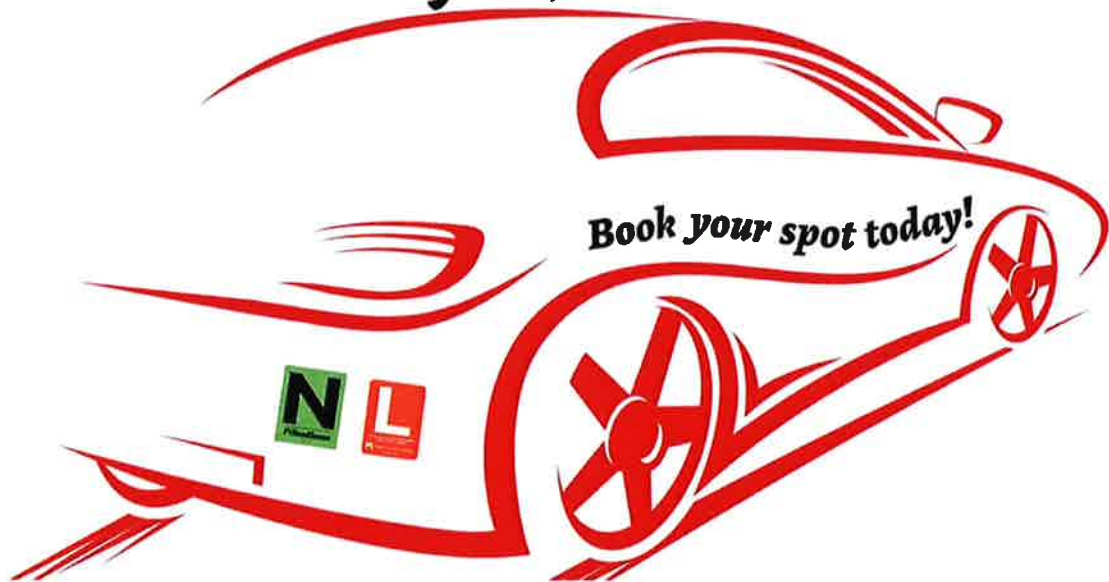


Driving Lessons

April 20, 2021-FULL

May 6, 2021

May 18, 2021



Each lesson is 45 min long.

The cost is \$65/lesson plus admin fees.

Sponsorship is available for CNA Members of the eight Participating Bands.

All lessons must be purchased and booked through the CNA.

- Patient, experienced teacher
- Use of car for road test
- Practical driving skills
- Road readiness course



For additional information contact:

Madelynn Albert

Employment & Training Coordinator

250-378-1864

administration@cna-trust.ca

2187A Coutlee Ave, Merritt B.C.



Nlaka'pamux COVID-19 Testing

Have you been experiencing the following symptoms for 24 hours or more?

Mild Symptoms:

- ⇒ Low-grade fever
- ⇒ Cough
- ⇒ Malaise (overall discomfort)
- ⇒ Muscle aches
- ⇒ Runny nose
- ⇒ Nasal congestion
- ⇒ Loss of sense of smell
- ⇒ Painful swallowing
- ⇒ Loss of appetite
- ⇒ Fatigue
- ⇒ Sore throat
- ⇒ Nausea, vomiting, and/or diarrhea

Severe Symptoms:

- ⇒ Fever
- ⇒ Shortness of breath
- ⇒ Difficulty breathing
- ⇒ Chest pain

****If you are having any of these severe symptoms please call your nearest emergency department to make arrangements to be seen by a health professional**

Self-Assessment

DETERMINE IF TESTING IS REQUIRED & ACCESS THE NEAREST COLLECTION CENTRE

The symptomatic individual can:

- Call their primary care provider (including Community Health Nurse (CHN), Nurse Practitioner (NP), or family physician)
- Call HealthLink BC at 8-1-1. If the individual chooses, they can share that they are First Nations during this call.
- Use the COVID-19 BC Support App
- Complete the BCCDC COVID-19 Symptom Self-Assessment Tool and self-refer to a testing site by calling the site to book an appointment.
- Call their nearest IH COVID-19 Testing and Assessment Centre.
- Locate the nearest testing centre on the BCCDC Collection Centre Finder.

Testing is done by appointment only,

**to book an appointment please contact your local
Health Centre/Hospital:**

Location	Booking	Dates/Times	Address	Phone Number (leave message)
Lytton FNHA nurses	by appt only	M-F 1:00pm-2:00pm	1535 St. Georges Rd	250-455-2715
Lillooet FNHA nurses	by appt only	M-F	296 Main St. Lillooet	250-256-7017
St. Bartholomew's Hospital—in ER	by appt only	M, W, F 11:00-12:00pm	575A Main St. Lytton	250-455-2221
Lytton First Nation Lisa Colwell	by appt only	M, T, W 8:30—2:00pm	To be booked	250-256-8182
Ashcroft Hospital & Community Health Centre	by appt only	M, W, F 1:00 -2:00pm	700 Hwy 97C	250-453-1905
Nicola Valley Hospital and Health Centre	by appt only	M, W, F 12:45pm-2:15pm	3451 Voght St. Merritt	250-378-3407
Lower Nicola Health Irene Howe Rainbow Acoby	by appt only	T & Th 9:30am—1:30pm	To be booked	250-378-4089
Scw'exmx Community Health—Rose Dionne	by appt only	M-F 9am—1pm	Tailgate test at home/ Drive-in 2090 Coutlee Ave	250-378-9745
Nlaka'pamux Health Terri Stockwell	by appt only	To be booked	To be booked	250-315-7120

NOW HIRING CAMP POSITIONS



We're seeking motivated individuals for a variety of camp positions available in Valemount and Clearwater, BC.

- Pot/Dishwasher
- Salad/Sandwich Maker
- Camp Attendant
- Janitor
- General Helper

Positions are 20/10 or 5/5 rotations.

APPLY TODAY!

Online @ <http://careers.atco.com>

Email - FrontecRecruitment@atco.com

ATCO

Workshops/Training

CITXW NLAKA'PAMUX ASSEMBLY
EMPLOYMENT & TRAINING



OCCUPATIONAL FIRST AID LEVEL 3

Occupational First Aid Level 3 is a 10 day/70 hour program designed to further first aid training and knowledge. The OFA Level 3 course is suitable for people in these industries: lumber mill, pulp and paper mill, medic for oil and gas in BC (Alberta may require extra training), large logging companies, large road construction and flagging. No prior first aid knowledge required to attend this course. All students must be at least 16 years old and physically able to perform first aid. 100% attendance is mandatory to complete course.



Course Content

- The role and duties of an Occupational First Aid Attendant
- Head-to-toe examination
- Operate oxygen therapy equipment and insert oral airways
- Medical emergencies
- Skin and soft tissue anatomy and function
- Management of soft tissue injuries
- Principles of burn management
- Ligament and tendon injuries
- Manage soft tissue injuries
- Manage oxygen therapy equipment
- Patient positioning
- Critical incident stress
- Manage oral airways
- Patient packaging for rapid transport
- Management of circulatory emergencies
- Manage circulatory critical interventions
- Head and brain injuries
- Neck and spinal injuries
- Immobilization
- General principles of management for fractures and dislocations

CNA Participating Bands

Ashcroft Indian Band
Boston Bar First Nation
Coldwater Indian Band
Cook's Ferry Indian Band
Nicomen Indian Band
Nooaitch Indian Band
Shackan Indian Band
Siska Indian Band



Date: June 21 - 30, 2021 (10 day course)

Time: 8:30 AM – 4:30 PM

**Location: OFA Level 3 -First Aid - Kamloops
825 Laval Cresnet, Kamloops BC**

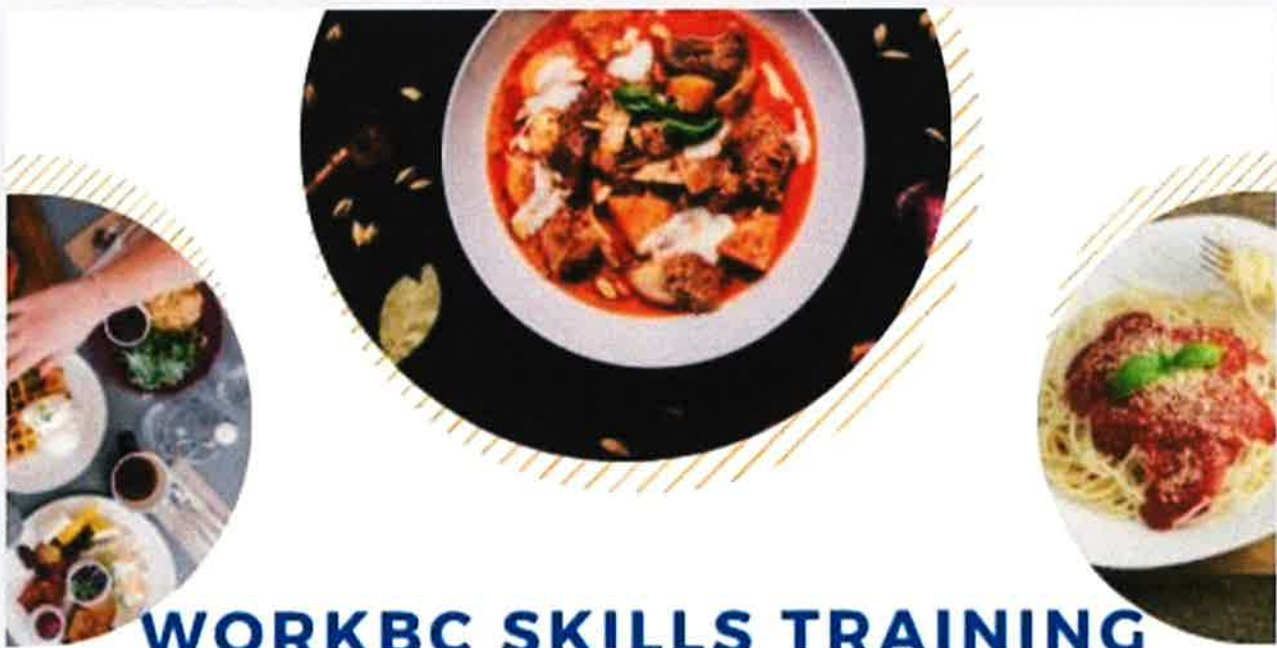
***Sponsorship available through CNA for Members only**

Madelynn Albert

**Employment & Training Coordinator
250-378-1864**

administration@cna-trust.ca

2187A Coutlee Ave Merritt, BC



WORKBC SKILLS TRAINING

**WANT TO BECOME A
PROFESSIONAL COOK?**

**CONTACT WORKBC MERRITT
TO FIND OUT IF YOU ARE ELIGIBLE FOR THIS
OR OTHER TRAINING OPPORTUNITIES**

250-378-5151

info-merritt@workbc.ca

**WORKBC MERRITT EMPLOYMENT SERVICES
2099 QUILCHENA AVE (ACROSS FROM THE ROYAL BANK)**



Securiguard

In partnership with CNA

Basic Security Training

3-7 May, 2021

**Comfort Inn & Suites
De Wolf Way, Merritt**



Basic Security Training Available

Securiguard in partnership with **Citw Nlaka'pamux Assembly** is offering Basic Security Training.

To work as a Security Guard in the provinces of British Columbia and Alberta, all applicants are required by law to complete the Basic Security Training certification course.

By enrolling in our provincially-recognized, **40 hour program**, you will be equipped with the skills you need to succeed in the security industry!

Course covers:
Professionalism & Ethics
Legal Studies
Report Writing
Personal Safety

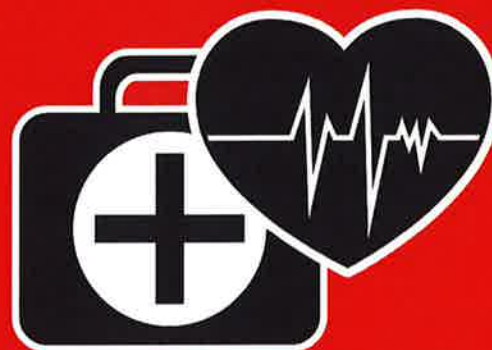
Sponsorship is available for future Securiguard employees!

Contact:
Citw Nlaka'pamux Assembly
Nicole Johnny
Employment & Training Manager
njohnny@cna-trust.ca
250-378-1864



Citxw Nlaka'pamux Assembly
Employment & Training

Occupational First Aid Level 1



Cost \$125 + GST Sponsorship Available For CNA Members

To be eligible for sponsorship the following criteria must be met:

- Must be CNA Member
- Must complete intake form
- Must be willing or able to work or be currently employed



Upcoming Course Dates

Wednesday April 28, 2021

Wednesday May 05, 2021

Wednesday May 12, 2021

Thursday May 27, 2021

OH&S Kamloops BC

825-J Laval Crescent (Class 2)

*Time for all 8:15am - 4:30pm

Occupational First Aid Level 1 provides an introductory knowledge on how to identify injuries and administer first aid to injuries. The OFA Level 1 course is suitable for people in many industries. Must be at least 16 years old and be able to physically perform first aid. Must bring Gov't issued I.D.



Employment & Training Department

Email: administration@cna-trust.ca

Phone: 250-378-1864

Facebook: [cna-employment & training](https://www.facebook.com/cna-employment&training)

Website: employment.cna-trust.ca



Citxw Nlaka'pamux Assembly
Employment & Training Department

H₂S

ALIVE

Saturday April 24, 2021
Thursday May 6, 2021
Tuesday May 11, 2021

8:30 am - 4:30pm

Location: OH&S Kamloops

825-J Laval Crescent

*Sponsorship through CNA for members only

For additional information or to register please contact:

Employment & Training Department

Phone 250-378-1864

Email administration@cna-trust.ca



H2S ALIVE TRAINING COVERS:

- HEALTH HAZARDS
- PROPERTIES AND PROBABLE LOCATION OF H₂S
- RESCUE TECHNIQUES AND RESCUE BREATHING
- HAZARD ASSESSMENTS, AND CONTROLS
- RESPIRATORY PROTECTIVE EQUIPMENT – PRE-INSPECTION, DONNING, DOFFING, POST-USE INSPECTION OF SCBA/SABA
- DETECTION DEVICES – ELECTRONIC MONITORS, DETECTOR TUBES
- INITIAL RESPONSE STRATEGY TO AN H₂S EMERGENCY – RESCUE DRAGS AND CARRYING TECHNIQUES
- RESCUE TECHNIQUES AND RESCUE BREATHING
- SAMPLE CASE STUDIES
- WRITTEN TEST



MUST BRING GOV'T ISSUED ID



NRTG
NATURAL RESOURCES TRAINING GROUP

NRTRAININGGROUP.COM

CULTURAL HERITAGE MONITOR COURSE ANNOUNCEMENT

COURSE LOCATION: **(fully online)**

COURSE DATES: **May 18-20th**

COURSE FEE: **\$900 per participant**

REGISTRATION DEADLINE: **May 11, 2021**

To register, contact us: info@nrtraininggroup.com | nrtraininggroup.com | (250) 739-9113

CULTURAL HERITAGE MONITOR COURSE

COURSE DESCRIPTION:

NRTG's Cultural Heritage Monitor (CHM) training program provides course participants with valuable applied field and research skills and experience in the expanding field of cultural resource management. The three or five-day CHM program, taught by some of B.C.'s most respected and innovative anthropologists, archaeologists and CHM specialists, is leading edge in design, content and value to communities and community members. *Each NRTG course includes free, lifetime admission.*

The CHM program will introduce participants to Cultural Resource Management and provide 'tools' and practical skills beyond the limitations of traditional archaeological methods, including: field archaeology, heritage assessments, heritage site visits, local site and community visits, applicable laws & regulations, research techniques such as: meaningful community engagement, consultation & interviewing, archival research, and the use of mapping and GIS using radar, drones, photography introduce new trends in cultural tourism, museums and videography. The CHM program will also and curation, and public cultural resource management. This course is designed as an advanced course and next level of training for those who have completed the RISC Archaeology & CMT Training for Crew Members program.

PRE-REQUISITES:

There are no formal pre-requisites. NRTG's RISC Archaeology & CMT Training course is not a mandatory prerequisite, but is recommended.

PERSONAL EQUIPMENT REQUIREMENTS:

Course participants are required to provide their own personal field clothing (e.g., warm layers, sturdy boots, gloves, rain gear, etc.)

COURSE FORMAT:

NRTG's CHM program is offered as a three or five-day training program. In either format, the CHM program is typically delivered during any given week (this can be modified by request), and includes both class and field training each day. The program delivery 'season' will vary by region, as the program requires suitable field conditions (unfrozen soil, no snow on ground, etc.).

HOW DO I ATTEND?

This CHM course is available via our website schedule, or on contract to community groups. The program is regularly scheduled for community-based deliveries throughout the year (providing suitable weather). Interested groups or organizations can also arrange for an 'in-house' or contract delivery. In either scenario, contact NRTG for further information.

If you would like to have the CHM program delivered to your group or community, please consider the following:

- 1) Contact us well in advance of your preferred course start date.
- 2) If applicable, secure program funding Recruit course participants (most NRTG courses have minimum enrollments of 8-10 participants).
- 3) Coordinate course participant equipment, classroom facility, and contractual agreement with NRTG.



"The most enjoyable certification course I have ever taken!"
Ian Reynolds

"Excellent course with very knowledgeable instructor. Will definitely attend future NRTG courses!"
Hilary Goble

"This course exceeded my expectations. By far the most informative and engaging course I have taken. Amazing instructor and course!"
Stacy Boczulak



About NRTG:

Natural Resources Training Group (NRTG) is a privately-registered training agency specializing in developing and delivering quality 'hands-on', fisheries and natural resource-related training programs. We deliver our short, applied 'professional development' programs to industry professionals, stakeholders, and aboriginal groups in communities throughout North America.

This three-day course will be fully online with student-led activities. Students will need access to a computer and internet connectivity (and can participate from home if needed).

**Sponsorship through CNA available for members only and registration must be done through CNA for sponsored members (email administration@cna-trust.ca or phone 250-378-1864). **

NVIT is pleased to offer the following programs:
**Indigenous Language Fluency
 Certificate & Diploma**

Zu?zu?stis he nq^wincutnkt

"Our language makes us strong" in Nle?kepmxcin

These stories, this language, these ways, and this land are the only valuables we can give you - but life is in them for those who know how to ask and how to learn ... (Cajete, 1994)



The Indigenous Language Fluency Certificate and Diploma program is designed to meet the community, First Nations and academic standards to ensure NVIT graduates are successful and effective language fluent speakers in their respective BC Indigenous communities. This foundational and innovative program is offered in the following languages:

- Nle?kepmxcin
- Nsyilxcen
- Nadut'en
- St'át'imcets

This program is designed to be delivered year-long through the Fall, Spring and Summer semesters. If you are interested in this exciting program, please contact Student Services at 1-877-682-3300.



Artist: Andrew Dexel

For more information please visit:
www.nvit.ca/programs/default.htm



WEBSITE: nvit.ca
 TOLL FREE: 1.877.682.3300



IMMEDIATE ENTRY BURSARY

Deadline for Application Packages
 extended to **August 16, 2021.**

For more information contact:

info@nvit.ca
 1-877-682-3300



SHARING KNOWLEDGE · PREPARING LEADERS

SUMMER STUDENT EMPLOYMENT OPPORTUNITY



Join the Smart Step Youth Association this summer as the *Summer Program Coordinator*. Within this role you will be responsible for:

- Delivering the Smart Step Program, including overseeing youth leaders and program participants, recruitment and mentorship of youth
- Chairing weekly meetings, team building, and providing asset development opportunities. Meetings may be online or via teleconference.
- Planning relevant events which allow opportunities for youth to play a positive role in our community.
- Promoting civic engagement and social responsibility.
- Acting as a spokesperson for the Association and engaging in marketing and communications activities.
- Reporting to the Association's Board of Directors
- Having a community presence at events that are permitted under the current provincial health guidelines.
- Ensure that all youth events are planned to include safety measures which consider the current Covid-19 limitations.

The anticipated dates for this position are mid-June – August 2021.

The position will be 30 hrs per week/ \$15.20 per hour.

All applicants must:

- Be between the ages of 15 and 30
- Be a Canadian citizen, permanent resident, or person to whom refugee protections has been conferred
- Have a valid Social Insurance Number at the start of employment and be legally entitled to work in Canada.

To apply, please submit a cover letter and resume to Marlene Jones by email at cpo@merritt.ca by Friday, June 4th.

WorkBC Employment Services



UNEMPLOYED?

WANT TO WORK ON THE PIPELINE?

WE CAN HELP

WorkBC Centres in Merritt, Ashcroft, and Lillooet can help get you prepared for work on the Trans Mountain Expansion Project with certifications* for:

- Pipeline Construction Safety Training
- Ground Disturbance II
- Emergency First Aid
- H2S Alive
- * Based on individual eligibility.

We'll help you shape a **targeted resume** and connect you to **hiring teams** with the Trans Mountain Expansion Project contractors.

CONTACT US TODAY TO GET STARTED!

WorkBC Merritt
t: 250.378.5151
e: info@merrittesc.ca

WorkBC Ashcroft
t: 250.453.2499
e: info@ashcroftes.ca

WorkBC Lillooet
t: 250.256.7758
e: info@lillooetes.ca

Canada



This program is funded by the Government of Canada
and the Province of British Columbia.

Driving Lesson Dates



Book your lessons today!

January 26th
February 3rd
February 23rd
March 9th
March 23rd
April 6th
April 20th

May 4th
May 18th
Jun 8th
June 22nd
July 13th
July 27th
August 10th

*Each lesson is 45 min long at the cost of \$65/lesson plus admin fees. Sponsorship available to Citxw Nlaka'pamax Assembly (CNA) participating bands. All lessons must be purchased and booked through the CNA.

- Patient experienced teacher
- Practical driving skills
- Use of car for road test
- Road readiness course



**For additional information contact:
Jaymie Brundage
Employment & Training Administration
250-378-1864
administration@cna-trust.ca
2187A Coutlee Ave, Merritt B.C.**

Community Vision

Members of the Shackan Band envision a Healthy community that lives in accordance with traditional Scw'exmx values. These values include sharing, helping, learning and teaching. These values translate into: helping the younger generation realize their potential, promoting everyone's involvement in the life of the Community, and also in being generous to those in need.

Scw'exmx Values: Respect for Self & Others; Positive Sharing; Positive Helping; Positive Learning; Positive Teaching; Healthy Lifestyle; and Self-Sufficiency.



Happy Victoria Day Weekend!
Wishing you all a safe and wonderful
long weekend!