

SEPTEMBER 2021

SHACKAN INDIAN BAND NEWSLETTER



Mission Statement

The band office is to promote the development of a healthy lifestyle and self-sufficiency for Shackan community members. We will achieve by being helpful, positive, respectful and professional to leadership, co-workers and Shackan members when administering band programs



CONTENTS

Shackan Band News

2

Community News

7

Workshops/Training

23





Shackan Indian Band

Contact Us



2099 Granite Ave. PO BOX 1360 Office: 250-378-5410
www.shackan.ca

- * **Chief - Arnold Lampreau**
sibchief@shackan.ca
- * **Councilor - Lindsay Tighe**
 - * sibcouncil1@shackan.ca
 - * **Councilor - Yvonne Joe**
 - * sibcouncil2@shackan.ca
- * **Band Administrator - Lee Joy**
 - * lee.joy@shackan.ca
- * **Administrative Assistant - Jody John**
jody.john@shackan.ca
- * **Casual/Relief Reception - Rena Sam**
rena.sam@shackan.ca
- * **Finance Manager- Kathy Gray**
kathy.gray@shackan.ca
- * **Social Development & Education - Veronica Jamieson**
 - * Social.dev@shackan.ca
- * **Operations & Maintenance - Toby Abbott & Lee Seymour**
maintenance@shackan.ca

Shackan Band News

Update from k^wúpi? Chief Arnie Lampreau, Councilor Yvonne Joe & Councilor Lindsay Tighe

September 2021

Good day Shackan Band members.

It has been a long month since we have been away from home. I lift my hands up to all of you who have left your homes and some even wondering if you would have a home to return to. At times it has been a struggle to wonder what we would do while we were in town and just longing to return to a place and routine of normalcy, but by the time you have read this in the newsletter, we will be back home.

Thank goodness we have people who we leaned on quite often to give us reports and updates of how the community of Shackan was doing during this wildfire, and that is Councilor Lindsay Tighe who is also a Fire Chief for Lower Nicola Indian Band, we as a Band are very fortunate to have him, he has worked many long hard hours and weekends. The other person who has worked tirelessly is Charlene Joe who has represented Shackan on so many levels and she has also put in over and above the hours required in a work week. Chief Arnie Lampreau who has been a mediator between BC Wild services and the People of Shackan Band community members. The Chief has also had many hours dedicated to attending various zoom meetings to ensure he was updated on the wildfire and voiced his concerns for the community.

Jody John-Payne has put in many hours to ensure the community members had the proper paperwork to stay at various locations within Merritt. When she was called in during the weekend, she never complained. I lift my hands up to this wonderful, strong Nlaka'pamux woman who has a heart for the people. The whole team in the office all pulled together and made the people comfortable and welcomed them to stay and visit with each other at the Band office.

There are so many more other people who have pitched in to ensure things ran smoothly during this chaotic time. I had to take a day or two out to ensure my sanity, wondering if our house would be there when we returned to Shackan. I also worried about my son who decided he wanted to do some fire fighting this summer. I've learned how to cast a rod and reel fishing pole but didn't catch anything. It was rejuvenating for me to sit by the lake and just enjoy the fact that all members were safe and housed somewhere in the city of Merritt.

With this I wish you all the best for the upcoming fall which is just around the corner. As People of Shackan we have learned we are very resilient.

húrneł,

Chief Arnold Lampreau, Councilor Yvonne Joe & Councilor Lindsay Tighe

SHACKAN
BAND OFFICE
WILL BE
CLOSED
SEPTEMBER
6TH FOR
LABOUR DAY

The Office will re-open on September 7, 2021



Office Closures



**National Day for
Truth and
Reconciliation**

September 30

For
National Truth
and
Reconciliation
Day

THE OFFICE WILL RE-OPEN ON
OCTOBER 1ST



SHACKAN INDIAN BAND

PO Box 1360/ 2099 Granite Ave

Merritt, B.C. V1K 1B8

Phone: 250-378-5410 Fax: 250-378-5219

www.shackan.ca

JOB POSTING

Position – Office Administrative Assistant

Employment Type: Temporary Full Time (10 month, 35 hrs per week) with possible move to Permanent Full Time

Shackan Indian Band is looking for a reliable and flexible Office Administrative Assistant to join their team

Main Job Tasks and Responsibilities

- Performs administrative support such as: Regular office and front desk duties; Data entry; Correspondence and communications; Travel and meeting arrangement; Website updates and Document management
- Assist staff and Band Administrator with administration functions as required
- Backup reception and finance clerk duties on occasion

Education and Experience

- High school diploma; Office Administration Certificate preferred
- Well organized and detailed oriented
- Knowledge of computers and relevant software applications (Microsoft Office and Xyntax Financial Software)

Key Competencies

- Verbal and written communication skills
- Professional personal presentation
- Customer service orientation

We offer a competitive compensation and benefits package, generous vacation entitlement (3-weeks) and continuing education program.

Please submit your resume to the Band office at 2099 Granite Avenue, fax 250-378-5219 or email hr@shackan.ca

Posting closes September 3, 2021 (4:30pm)

United We Stand, Divided We Fall



SHACKAN INDIAN BAND

PO Box 1360/ 2099 Granite Ave

Merritt, B.C. V1K 1B8

Phone: 250-378-5410 Fax: 250-378-5219

www.shackan.ca

JOB POSTING

Position – Finance (Accounting) Clerk I

Employment Type: Full Time (35 hrs per week)

Shackan Indian Band is looking to hire a qualified and responsible person for the role of Finance Clerk I.

Main Job Tasks and Responsibilities

- Perform data entry and verification of Accounts Receivable, Accounts Payable and Purchase Order tracking
- Enter Accounts Payable information and accruals into the system & issue cheques / EFT payments for all accounts due
- Coordinate travel advance activities and claim reconciliation
- Ensure transactions are properly recorded & entered into the computerized accounting system
- Maintain financial files and records
- Backup payroll function on occasion

Education and Experience

- Familiarity and understanding of First Nations operations an asset
- Strong computer skills in various software platforms (MS Office and Xyntax Financial Software)
- 2+ years of experiencing in bookkeeping and accounting support
- Previous related education and coursework and/or completion of Accounting Technician Diploma

Key Competencies

- Sound knowledge of accounting and bookkeeping practices including double entry bookkeeping and reconciliation of accounts and sub-ledgers
- Ability to work well as a member of a team and independently
- Ability to multi-task and cope effectively with deadlines

We offer a competitive compensation and benefits package, generous vacation entitlement (3-weeks) and continuing education program.

Please submit your resume to the Band office at 2099 Granite Avenue, fax 250-378-5219 or email hr@shackan.ca

Posting closes September 3, 2021 (4:30pm)

United We Stand, Divided We Fall



LOOKING FOR FIRE FIGHTER VOLUNTEERS ON SHACKAN RESERVE

If you are interested, please call the band office
250-378-5410 and let the Admin know you are
interested. If there is no answer, please leave a
message or comment on the Facebook post on the
Shackan Indian Band page

Community News



Interior Health

Health Care Resources
Merritt

First Nations Supports	<p>First Nations clients seeking supports with refilling prescriptions, medical supplies and equipment can contact First Nations Health Benefits at 1-855-550-5454 or go to https://www.fnha.ca</p> <p>Additional Mental Health supports at FNHA-COVID-19-Mental-Health-and-Cultural-Supports.pdf</p>
Medications	<p>Visit any pharmacy and speak to the pharmacist. They can help you access an emergency supply of the medications you may need without needing to see a physician or nurse practitioner.</p>
Standing Order for Laboratory	<p>Call 1-877-740-7747, Mon–Fri 7 a.m. to 5 p.m., to book an appointment within Interior Health or have your requisition faxed to the laboratory nearest your location.</p>
Doctor / Nurse Practitioner	<p>If you need immediate emergency care, go to the Nicola Valley Hospital emergency department 3451 Voght Street.</p> <p>If your need is not an emergency but you need to see or speak to a physician, nurse practitioner or nurse:</p> <ol style="list-style-type: none"> 1. Contact Health Link BC at 8-1-1 to speak to a nurse 2. Nicola Valley Medical Centre (250) 378-5115 2087 Granite Ave, Merritt BC V1K 1B8 3. The Medical Clinic (250) 378-6222 2035 Charters St, Merritt BC V1K 1R6



COVID-19 Vaccination	<p>Please drop in, Book an appointment online or call 1-833-838-2323. The immunization clinic in Merritt is located at the Nicola Valley Memorial Arena, 2075 Mamette Ave.</p> <p>More information: https://news.interiorhealth.ca/covid-19</p>
Wildfire Smoke and Health	<p>The B.C. government issues air quality advisories jointly with the health authorities:</p> <p>More info: https://www2.gov.bc.ca/gov/content/environment/air-land-water/air/air-quality/air-advisories</p> <p>The BCCDC has numerous fact sheets regarding air quality issues and health covering topics such as face masks, portable air cleaners, outdoor exercise etc.</p> <p>More info: http://www.bccdc.ca/health-info/prevention-public-health/wildfire-smoke</p>

CITXW NLAKA'PAMUX ASSEMBLY

n̄te?kepmxcin Self-Introduction Video Contest

Open to all members of the Eight Participating Bands.

To enter:

Submit a video of your self-introduction in n̄te?kepmxcin (less than 1GB file size) in the comments section of this post for a chance to win one (1) of three (3) \$50 Esso Mobil Cards

Deadline:

**September 03, 2020
at 10:00AM**

For more information, please
contact the CNA at 250-378-1864
or language@cna-trust.ca





Conayt Friendship Society
Wellbriety 12 Step Program
for Men/Women
Everyone Welcome!



You are invited to join us:
Every Thursday starting **September 9th**
At Conayt Friendship Society
(2164 Quilchena Ave.)
From 5pm—7pm

We will have light snacks and drinks
Facilitators: Della Provost, BSW
and Richard Jackson Jr, CAC II

*For more information please call (250)-378-5107
and request Della or Richard*



**Conayt Friendship Centre
Walking Together
Woman's Wellness Group
Wednesday September 8th -
October 27th**

5pm-7pm

For Registration Call or Email

Jenn @ 250-315-3247

Communityoutreach@conayt.com

Maximum 8 woman



**Scw'exmx Child & Family Services
Society**

2975 Clapperton Avenue, Merritt BC V1K 1G2
Telephone: 250-378-2771
Fax: 250-378-2799
Toll-Free Number: 1-877-378-2773
Child Protection Concern After Office Hours: 1-800-663-9122
Children's Help Line: 310-1234 (For children and youth)

Gathering Our Warriors
Men's Support Group

**A SAFE PLACE FOR MEN TO COME AND
TALK WHATS IMPORTANT TO MEN.**

Wednesdays

12:00 - 3:00 p.m.

Thursdays

5:00-7:00 p.m.

**To register contact Dan Jager at 250-378-
2771 or Richard Jackson Jr at 250-378-5107**

Women's Group

Women's Group has now gone virtual. We run Fridays from 10 a.m. -1:00 p.m. We currently have 6 participants and a Resident Elder that attends the sessions.

Each session we open with a Prayer, have an open sharing circle and continue with our weekly theme that is chosen by the participants.

Due to COVID-19, we cannot gather or provide lunches. We do offer good conversation, laughs and some incredible crafting opportunities.

FRIDAYS

10:00 A.M. - 1:00 P.M.



**Conayt Soup Kitcen
Every Thursday at
Conayt Friendship
Center**

11:30am – 1pm

HOSTED BY CONAYT FRIENDSHIP SOCIETY

First Nations Health Benefits (Plan W)

Over-the-counter Medications Appropriate for Pharmacist-Initiated Treatment

Condition	Therapeutic Class	Examples of Accepted Products
Acne		Benzoyl Peroxide gel, lotion, wash
Allergic Conjunctivitis	Mast Cell Stabilizers	Sodium Cromoglycate
	Ocular Lubricants	
Allergic Rhinitis	Oral Antihistamines	loratadine, diphenhydramine
	Intranasal Mast Cell Stabilizer	
Bacterial Conjunctivitis and Otitis Externa	Topical Antibiotics	Gramicidin-Polymyxin B, Bacitracin-Polymyxin B
Childhood Nutrition	Multivitamin Tablets and Oral Liquid (for patients up to 6 years of age) Vitamin D Drops and Liquid	
Constipation	Stimulant Laxatives	Bisacodyl, Sennosides
	Purgative	Citric Acid-Magnesium Oxide- Sodium Picosulfate
	Osmotic Agents	Glycerin, Lactulose, Sodium Phosphate, PEG 3350
	Lavage	Macrogol-Potassium Chloride-Sodium Bicarbonate-Sodium Chloride-Sodium Sulfate
	Lubricants	Mineral Oil
	Bulk-forming Agents	Psyllium
Diabetes Mellitus	Skin Wipes	
	Insulin Pump Supplies	Infusion Set, Tubing, Cartridge
	Blood Glucose Testing Supplies	Lancets, Test Strips
	Insulin Supplies	Pen needles, syringes, and syringes and needles
Emergency Contraception		Levonorgestrel (1.5mg dose)
Fungal Infections of the skin and mucosa, including vaginal candidiasis	Topical Antifungals for Vaginal Candidiasis	Clotrimazole, Miconazole
	Oral Antifungals	Fluconazole (150mg dose) (Special Authority required)
	Topical Antifungals for Skin Infections	Miconazole, Nystatin, Tolnaftate
Lice	Pediculicides (Shampoo, Solution, Rinse)	Permethrin, Piperonyl Butoxide-Pyrethrins, Isopropyl Myristate, Dimethicone
Prenatal Multivitamins and Folic Acid Supplements	Multivitamin Tablets	
	Folic Acid Tablet 1mg tablets	

Membership Sign Up Instructions for Pacific Blue Cross/FNHA Benefits

1. Go to FNHA website: www.fnha.ca/benefits
2. Click on link 'Sign In to Your Member Profile'
3. Click on 'I want to Register for Access to my Member Profile'
4. Type in your Status #, then press Continue
5. Enter Registration Info (Name, Email, Date of Birth & 3 Security Questions and Answers)
6. Accept Agreement by checking boxes
7. Click on Register for Caresnet
8. Check your Email for temporary password
9. Sign back in with your status # and temporary password
10. Change temporary password to personal password



First Nations Health Authority
Health through wellness





First Nations Health Authority
Health through wellness

How to protect yourself from the COVID-19 Delta Variant



WHAT WE KNOW

- The COVID-19 Delta variant is spreading fast. In some areas it accounts for almost all new cases
- It is much easier to pass on than other COVID-19 strains
- Two vaccine doses can reduce the risk of serious outcomes to almost zero
- As more people become fully vaccinated, the number of cases will fall

WHAT YOU CAN DO TO PROTECT YOURSELF AND OTHERS

- Get vaccinated!
- Wear a mask in public indoor settings and wash your hands frequently
- Keep your social circle to a trusted few, and keep physically distanced (6 feet, 2 metres) from those outside it
- Stay home when sick

GET SUPPORT

- Vaccines are free and safe for everyone 12 and over
- Anybody can get a free COVID-19 test
- If you test positive, FNHA isolation supports are available
- If you have any doubts or questions please consult your nurse practitioner, doctor, or contact First Nations Doctor of the Day on [FNHA.ca](https://fnha.ca)

To find a Drop-in Vaccination Clinic near you, visit: gov.bc.ca/vaxforbc



This licence is issued under the authority of SECTION 4 OF THE ABORIGINAL COMMUNAL FISHING LICENCES REGULATIONS.

This licence is not intended to define an Aboriginal right to fish or its scope; however, for the fishing season, it is intended to provide a mechanism, for reasons of proper management and control of the fisheries and conservation and protection of fish, for requiring compliance with the provisions of this licence.

This licence is subject to the *Fisheries Act* and regulations thereunder, and confers the authority to fish under the following conditions: Food, Social, and Ceremonial purposes.

Period of Activity:

Licence Holder may harvest during the periods further described in the Terms and Conditions and Species Gear and Areas portion of this licence document.

Licence Holder:

FIN: 145002
2090 COUTLEE AVE
MERRITT BC V1K1B8

SCW*EXMX TRIBAL COUNCIL

Contact Number: 250-378-4235

Individuals or groups assisting with the authorized activity:

This licence is issued to **SCW*EXMX TRIBAL COUNCIL** for and on behalf of their individual members.

Species, Quantity of Fish, Area(s) and Gear:

Species: CHINOOK SALMON (*Oncorhynchus tshawytscha*)
Allowable Fishing Times: Start: Thursday, August 5, 2021 at 18:00
End: Thursday, September 16, 2021 at 18:00
Details: Please respect all evacuation orders and alerts

Gear: Rod & Reel (unspecified)
Dip Net

Licence Area: Portions of SAWMILL CREEK TO TEXAS CREEK; Portions of THOMPSON RIVER TO BONAPARTE RIVER

Additional Descriptions: Fishing is currently not permitted in Kanaka and Siska: Active wildfires, and evacuations

Fishing with Dip Nets and Rod and Reel is permitted in the following areas: -Please respect all Evacuation Orders and Alerts

In the waters of the Fraser River:

1. From Sawmill Creek to Williams Creek,
2. From Petch Creek to False Creek/Four barrel,
3. From Poeyelth Creek to Texas Creek,



SCHOOL DISTRICT NO. 58 (NICOLA-SIMILKAMEEN)
School Calendar for the 2021 / 2022 School Year

Days in Session 190 - Days of Instruction 183

August 30, 2021	Mon.	School Based Session (Summer Professional Development Days.)
August 31 - September 1, 2021	Tues. – Wed.	Summer Institute. (Summer Professional Development Day.)
September 7, 2021	Tuesday	SCHOOL OPENING. School hours 10:00 a.m. to 12 noon. (Bus schedule to be adjusted for the first day of school.)
October 11, 2021	Monday	Thanksgiving Day.
October 22, 2021	Friday	Non-Instructional Day. (Professional Development Day.)
November 11, 2021	Thursday	Remembrance Day.
November 12, 2021	Friday	MSS & PSS First Term Report Cards go home.
November 19, 2021	Friday	Merritt, Princeton Elementary Schools and Merritt Secondary Grade 8 & 9 Report Cards go home.
November 19, 2021	Friday	Kengard Learning Centre Report Cards go home.
November 23 – 24, 2021	Tues. - Wed.	All Schools – Shortened day for Parent/Teacher interviews. (Schools closed 1 hour early each day.)
December 17, 2021	Friday	Last day of school before Winter Break.
Dec. 20, 2021 – Jan. 3, 2022		Winter Break.
January 4, 2022	Tuesday	Schools reopen after the break.
January 28, 2022	Friday	MSS & PSS Report Cards go home.
February 21, 2022	Monday	Family Day.
February 25, 2022	Friday	Non-Instructional Day (Professional Development Day.)
March 11, 2022	Friday	Merritt, Princeton Elementary Schools and Merritt Secondary Grade 8 & 9 Report Cards go home.
March 11, 2022	Friday	Kengard Learning Centre Report Cards go home.
March 15 - 16, 2022	Tues. - Wed.	All Schools – Shortened day for Parent/Teacher interviews. (Schools closed 1 hour early each day.)
March 18, 2022	Friday	Last day of school before Spring Break.
March 21 – April 1, 2022		SPRING BREAK.
April 4, 2022	Monday	Schools reopen after the break.
April 14, 2022	Thursday	MSS & PSS Third Term Report Cards go home.
April 15, 2022	Friday	Good Friday.
April 18, 2022	Monday	Easter Monday.
May 23, 2022	Monday	Victoria Day.
June 29, 2022	Wednesday	Last day of classes.
June 30, 2022	Thursday	ADMINISTRATION DAY - SCHOOLS CLOSED.

Revised - June 9, 2021

COPING WITH CRISIS DURING A HEALTH EMERGENCY



Common Reactions to Abnormal Events

Everyone who has lived through a crisis will probably experience stress. This brochure highlights common reactions to stress and gives suggestions on how to cope with them.

It's important to remember that stress reactions are common reactions to an abnormal situation.

When to Seek Professional Help

The stress reactions experienced while adapting to the current situation might last for some time. If the reactions persist and make it impossible to function as you normally would over a long period of time, seek help. One option is to contact your local health facility or a local crisis support line.

Here are some ways stress can affect you:

- Feeling fear and worry, especially focused on one's own health and the health of loved ones.
- It can be difficult to relax and to get a good night of restful sleep. Your appetite and eating habits can also be affected.
- Being stressed can worsen the symptoms of existing health problems, including mental health problems.
- For some people we can see an increase in the use of substances such as commercial tobacco, alcohol and other drugs.
- Feeling stressed and afraid – as well as self-isolation and physical distancing – can make it difficult to maintain close social relationships, which are important to well-being and to maintaining our resilience in the face of a crisis.

YOU CAN LEARN MORE ABOUT PSYCHOLOGICAL FIRST AID ON [REDCROSS.CA](https://www.redcross.ca)



Virtual Wellbriety Support Group

Open Daily Zoom Meetings

EVERYONE IS WELCOME TO ATTEND

Every Day, Monday to Friday

1:00 pm to 3:00 pm Pacific Daylight Time

*Join by clicking this link or copy and paste the link into
a web browser <https://us02web.zoom.us/j/84428458473>*

Dial in option: 1-778-907-2071

Meeting ID: 844 2845 8473

For more information contact:

**Dave Manuel, TteS Wellness Counsellor
250-372-5030 dave.manuel@kib.ca**

Me7 knucwentwécw-kp (help one another)

**Me7 yegwyúgwt-k ell me7 yegwyúgwt ke7 pùsmen
(Keep healthy and strong in body and mind)**

Workshops/Training

CITXW NLAKA'PAMUX ASSEMBLY

ENVIRONMENTAL FIELD SKILLS PROGRAM

ONLINE - Sept 13 - Oct 01, 2021

The Environmental Field Skills Certificate Program (EFS) is a very practical, field-based Environmental Monitoring skills training certificate program. The EFS is delivered on-demand, in communities throughout North America, utilizing local sites and watersheds as the 'classroom'.

The 120-hour (three-week) EFS provides course participants with high-quality, in-demand Environmental Monitoring field skills, including Backpack Electrofishing Certification. EFS 'graduates' are qualified and capable to lead or assist with environmental monitoring and assessment of mining, hydro-electric, oil & gas, forestry, road construction, and other natural resource-related programs and projects.

NRTG's Environmental Field Skills Certificate Program is delivered in partnership with Nicola Valley Institute of Technology (NVIT), Merritt, B.C. EFS Certificate program is accredited by BC's College of Applied Biology (CAB). CAB will recognize graduates of the EFS program as meeting the core academic requirements for entry as an Applied Biology Technician. An 'Applied Biology Technician' designation qualifies an individual as a B.C. provincially-recognized and certified technician and helps to expand their industry credibility.

Sponsorship available for CNA Members

For additional information please contact:
Madelynn Albert
Employment & Training Coordinator
Phone: 250-378-1864
Email: malbert@cna-trust.ca
Website: employment.cna-trust.ca



[HTTPS://WWW.FACEBOOK.COM/GROUPS/
CNAEMPLOYMENTANDTRAINING](https://www.facebook.com/groups/CNAEMPLOYMENTANDTRAINING)



The Essentials: Skills, Culture, Knowledge



**Native
Education
College**

Info sessions on zoom
Aug 17, 24, 31 & Sept 7 at 2pm
<https://zoom.us/j/6048733772>

BASIC SECURITY TRAINING

ONLINE CLASSES START SEPTEMBER 2021

TUITION FREE
JOB PLACEMENT SUPPORT
INDIGENOUS LEARNING MODEL
CONNECTION TO NEC STUDENT SERVICES
**(COUNSELLING, CULTURAL & WELLNESS
SUPPORTS)**



To apply contact Linda Epp, Program Manager
Ph: (604)-209-1530 Email: lepp@necvancouver.org



In partnership with





ᐱᐱᐱᐱᐱᐱᐱᐱ ᐱᐱ ᐱᐱᐱᐱᐱᐱᐱᐱᐱᐱ

LEARN TO TREAT S.O., GIVE MEDICINE



Standard First Aid & CPR C

CITXW NLAKA'PAMUX ASSEMBLY
EMPLOYMENT & TRAINING

Persons who are occupationally required or just desire to have first aid knowledge and skills, such as emergency response teams in business and industry, school bus drivers, adult residential care personnel, child care workers, teachers, parents, and babysitters. This 13 hour (2 day) program helps business, industry, government agencies, employers and employees meet provincial and territorial OH&S requirements, and the federal COHS regulatory requirements for standard first aid and CPR training. MEDIC First Aid programs complement safety programs and link into the EMS response system. All materials are medically and instructionally up-to-date, affordable and practical.

Standard First Aid and CPR emphasizes prevention, recognition, and treatment. The combination of viewed image and narration, along with a variety of activities help students increase their retention of the essential patient care skills.

DATES:

Oct. 2&3, 2021 (Sat/Sun)

NVIT - Merritt Campus

TIME: 9:00am - 5:00 pm

COST: \$185/person+ GST

*Must bring ID

*Sponsorship through CNA for members only.

Contact Information:

Madelynn Albert

Employment & Training Coordinator

Phone: 250-378-1864

Email: malbert@cna-trust.ca

In Person: 2187A Coutlee Ave, Merritt



Employment & Training

WHMIS

ʔESK^wEĤSCUT N E CWÓM
BEING CAREFUL AT WORK

Workplace Hazardous Materials Information System

*Must bring Gov't Issued I.D.



Friday September 24, 2021

Sponsorship Available For CNA Members

Course Cost: \$75

Location: NVIT Merritt Campus

Time: 8:30 am - 12:30 pm

Please Contact:

Madelynn Albert

Phone: 250-378-1864

Email: malbert@cna-trust.ca

In Person: 2187A Coutlee Ave





Trades Sampler Program

Sept 20 – Dec 10, 2021, Neskonlith-Chase, BC

Tickets Included: CSTS and Fall Protection

Interested in the trades? Are you undecided which trade would be the best fit for you? This program introduces students to three construction-related trades; Carpentry, Plumbing and Electrical. Develop safe workplace practices, skills development, and an introduction to design, planning, and building techniques. Get hands-on experience while completing a small construction project in the community. The learning outcomes will offer students with theoretical and practical knowledge while providing an experiential and realistic overview of construction trades.

Fully-funded for those who qualify, including personal protective equipment, books, and some tools.

Seats are limited. Apply now!

programassistant@nlbeducation.com

250-679-3295 ext. 239



Funding provided by the Government of Canada through the Canada-British Columbia Workforce Development Agreement.

1122006

**Employment Placement Specialist,
Scw'exmx Tribal Council
Internal/External Posting**

The Scw'exmx Tribal Council, also known as the STC, was formed as an effort of the Scw'exmx Chiefs to advance the issues of aboriginal rights. We are looking for an Employment Placement Specialist to work out of the Merritt STC office and provide career/employment counselling support to clients as well as promoting employment and training programs in a friendly, courteous and helpful manner.

The Position:

The Scw'exmx Tribal Council is looking for a dynamic individual for the position of Employment Counsellor. The Employment Placement Advisor will serve as an advocate and link for clients of the Indigenous Skills Employment and Training Program. This is a full-time term position starting on as soon as possible.

Relevant Knowledge and Abilities

- Knowledge of business machine operations: fax, photocopier, computer and scanner;
- Prepare training contract documents for approval;
- Work with clients to develop return to work action plans and maintain;
- Develop progress and continuous development strategies and goals for each participant;
- Evaluates client eligibility for programs and services;
- Demonstrate ability to multi-task, set priorities effectively under tight deadlines and problem solve;
- Interviews clients and identifies interests, skills, suitability and job readiness;
- Experience in public speaking and group facilitation.

Requirements and Qualifications:

- Minimum of diploma in social sciences discipline (education, social work) or career practitioner certification, with 2-3 years of experience or the equivalent combination of education and work experience;
- Strong technical competency of computer skills and knowledge of computer programs such as Microsoft applications, Outlook and database;
- A valid BC Drivers' license with a drivers' abstract, reliable vehicle and willingness to travel on STC business are required;
- Work experience with Aboriginal organizations;
- Maintain confidentiality on all client files and other relevant information;
- Provide itinerant services to outlying regions on a regular basis.

In accordance with the STC Human Resource Policy, the first priority will be to hire qualified persons of Scw'exmx ancestry. Pursuant to the Aboriginal Employment Preferences Policy within the Canadian Human Rights Act, preference may be given to applicants of Aboriginal ancestry.

If you are interested in a career like this with a great organization, please submit your resume, cover letter, and references (saved as one Word document) referencing Employment Placement Specialist in the email subject line to bmanuel@scwexmxtribal.org. **job will be posted until the job has been filled.** The Scw'exmx Tribal Council thanks all applicants for their interest, however only those selected for an interview will be contacted.

Driving Lesson Dates



Book your lessons today!

July 13th & 27th October 12th & 26th
August 10th & 24th November 9th & 23rd
September 7th & 21st December 7th

Each lesson is 45 min long.

The cost is \$65/lesson plus admin fees.

Sponsorship is available for CNA Members of the eight Participating Bands.

All lessons must be purchased and booked through the CNA.

- **Patient, experienced teacher**
- **Use of car for road test**
- **Practical driving skills**
- **Road readiness course**



For additional information contact:

Madelynn Albert

Employment & Training Coordinator

250-378-1864

malbert@cna-trust.ca

2187A Coutlee Ave, Merritt B.C.



We Are Hiring

Scw'exmx Child and Family Services Society (SCFSS) is a family-centered Delegated Aboriginal Agency, guided by nē?kepmx and syilx traditional knowledge and principles. SCFSS utilizes prevention and protection strategies with the collective goal to keep children with their families and communities. SCFSS recognizes historical challenges and is guided by traditional strength and wisdom to build family and community capacity in a monumental shift from protection to prevention.

POSITIONS AVAILABLE

- **Community Engagement Manager**
Permanent | Full-time (35 hours/week) | Open Until Filled
- **Child & Youth Mental Health (CYMH) Team Leader**
Permanent | Full-time (35 hours/week) | Open Until Filled
- **Family Enrichment Team Leader**
Permanent | Full-time (35 hours/week) | Open Until Filled
- **Language Teacher**
Term: 12 Months | Full-time (35 hours/week) | Open Until Filled
- **Occupational Health & Safety Officer**
Permanent | Full-time (35 hours/week) | Open Until Filled
- **On-Reserve Clinician**
Permanent | Full-time (35 hours/week) | Open Until Filled
- **Social Worker**
Permanent | Full-time (35 hours/week) | Open Until Filled

APPLY NOW!

See our full postings on our website at www.scwexmx.com
Submit your cover letter and resume to opportunities@scwexmx.com
Attention: Janessa Collins, Human Resources Manager

Pursuant to Section 41 of the Human Rights Code, preference may be given to qualified applicant of Indigenous ancestry



Tuition-Free Construction Craft Worker



LEVEL 1

tru.ca/continuing-studies/funded

September 20 - December 3, 2021
Monday to Friday - 8:00 am to 3:30 pm

This Construction Craft Worker Level 1 (CCW) provides students with the knowledge and hands-on skills needed to work in the construction industry.

Participants will receive ten industry recognized safety and work readiness certifications. The program also includes a three week optional work placement.

Priority will be given to equity seeking groups and people who are 29 and under.

Applicants must have minimum of Grade 10, valid BC Driver's License (7N, 5) and have a strong interest in working in the trades.

This program includes tuition, personal protective equipment (PPE), some tools, and books.

Students are responsible for their individual living expenses.



Apply today! Go onto our webpage at tru.ca/continuing-studies/funded to complete a registration package including a recent resume, one written paragraph describing why you would like to participate in the program, and a completed TRU registration form and email them to: csinfo@tru.ca.

Technical Writing for Professionals Online Course August 18-19, 2021 & Sept 13-14, 2021



9am - 4pm



NEED TO TAKE YOUR TECHNICAL WRITING SKILLS TO THE NEXT LEVEL?

This is a dynamic two-day course to improve the quality of technical writing. Technical Writing for Professionals equips students with hands-on tools to create technical writing which is more engaging, compelling, and persuasive. The approach taken with Technical Writing for Professionals is one of trying to address questions for which few, if any, other courses or books explicitly provide direction. Things like "how do I determine what to write? How do I determine my audience? How do I write more persuasively? How do I engage my audience more?" From there we can then move into the mechanics of language (grammar, word conventions, etc.). Only half of this course is the mechanics and standard writing instruction; the other half is determining what you want to say and crafting it persuasively and engagingly. The focus is very much on principles, and these principles are applicable to any technical writing, from instructions on setting up your phone to writing a thousand-page Environmental Impact Assessment. Obviously, applications vary among different professions and disciplines, but the core needs of writing engagingly, clearly, and persuasively, from a position of credibility and trust are constant across all fields.

Citxw Nlaka'pamux Assembly
Employment & Training Department
malbert@cna-trust.ca
250-378-1864



**CITXW NLAKA'PAMUX ASSEMBLY
EMPLOYMENT & TRAINING DEPARTMENT**

**Report Writing - Online
Aug 20, 2021 & Sept 15, 2021
9:00am - 4:00pm**

TECHNICAL WRITING FOR PROFESSIONALS

The companion course Technical Writing for Professionals is recommended as a prerequisite for anyone with less than five years of experience writing reports prior to taking this course. For those that have been writing reports for more than five years, you have likely learned the more basic lessons through the 'school of hard knocks.

This one-day, fully-online Technical Writing for Professionals: Report Writing course is to help professionals, particularly those new to their respective fields, develop more readable, clear, persuasive, and compelling reports. The instructors will introduce and reinforce principles and ideas – concepts that apply across industries and disciplines – to create compelling, engaging, and purposeful technical reports. A sample of the course content includes:

- Determining required content
- Standard formats of reports and when to depart these conventions
- Use of illustrations, tables, figures to enhance reading
- Tactics to write clearly and compellingly

Employment & Training
Department
malbert@cna-trust.ca
250-378-1864
2187A Coutlee Ave



*Sponsorship is available for CNA members

